

Keep your head up

Musician Andy Grammer recently visited TJC to promote his new album.

[Story on page 6]



More than a player

Coach Marquis and his son Mitch have a bond that extends past the basketball court.

[Story on page 12]



The APACHE POW WOW

THE OFFICIAL NEWSPAPER OF TYLER JUNIOR COLLEGE SINCE 1927

www.tjcnewspaper.com

Tyler, Texas

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Twice as nice: Men's soccer wins championship again

By Casey Stewart
Staff Writer

"Ten, nine, eight, seven..."

The Tyler Junior College Apache men's soccer team and their cheering fans roared as they watched the seconds tick away on Nov. 21 at Pat Hartley Field, waiting to storm the field and embrace each other to start a party they hoped would never end. As leaves twisted in the wind and the sun set, parents gave praise to their sons for what they accomplished with shouts of "brilliant" and "absolutely brilliant," while Head Coach Steve Clements watched from the sideline looking like a mere spectator, reflecting and enjoying his third national title.

"As Coach (Clements) put it last year, it's twice as good," Assistant Head Coach Chris Handy said, explaining the feelings of winning another title.

The TJC Apaches dominated the title game, like they've done for the past two seasons. Sophomore forward Dom Dwyer added two goals to his resume giving him 37 for the season. Sophomore defender Martin Seiler converted a penalty kick in the 25th minute giving TJC a three-goal halftime lead. The Apaches strengthened their lead with two more goals scored by Jack Bennett and Kyle Nicholls in the second half. Cincinnati fought for pride scoring their only goal with 7:57 left to play.

The Apaches were crowned national champs for the second time in two years and during those two years have been on a 42-game stretch unbeaten, only being scored on a total of 23 times. The second title was no surprise, but the national trophy was not the

only hardware being handed out. The Apaches' not so secret weapon, Dom Dwyer, finished with the Bob Zifchak Most Valuable Player Award and accompanied teammates Brenton Griffiths and Andre Grandt on the All-Tournament Team. Coach Clements completed the cycle by earning the Coach of the Tournament Award.

"We are sort of a family now," freshman midfielder Tom McCarthy said. "It's going to be sad to see some of them go."

But 500 miles north in Topeka, Kansas there were not cheers, no shouts of "brilliant" in celebration and the seconds ticking away seemed like hammers repeatedly shattering the Lady Apaches' dreams of another national soccer title.

"Most definitely, any time you get to the National Championship your season is a success," Head Coach Corey Rose said.

The Lady Apaches outplayed their opponents the whole season thundering into the title game with a record of 17-0, beating their competition by an average of six goals per game.

A win evaded the Lady Apaches with a 1-0 loss to a 24-0 Paradise Valley Community College Pumas team. The Lady Apaches did not give up after PVCC's Alyssa Flores scored a ball that was bobbled by the Lady Apaches top goal keeper, Beatrice Soto, with 13:33 left in the first half. In the second half, TJC pressured PVCC's de-



Photo by Casey Stewart

EARNING THE TITLE: The TJC men's soccer team celebrates after being named the NJCAA National Champions. The Apaches won with a score of 5-1 against Cincinnati State Technical and Community College.

fense sending a barrage of shots and crosses with none hitting the back of the net.

But the Lady Apaches didn't leave empty handed. Two of the Lady Apaches' attackers were awarded with All-Tournament honors:

Claudia Saucedo and Lauren Emmerson, both All-Tournament forwards. Brittany Wispell left her mark as an All-Tournament defender. For more soccer, turn to page 14.

Baby mama is more than a name

By April Miller
Student Life Editor

The term "Baby Mama" is the popular description unwed mothers seem to be involuntarily labeled with. These women are taking a stand and exposing the truths of being a mother and a college student; giving clarification to the stereotypical term. They are showing the world that though they are mothers, individuality is existent and that they are more than just a "Baby Mama."

While many people may view the name in a negative way or just a term for a woman with a child, there are many mothers who take it as a personal attack on their character.

"When I hear the term 'Baby Mama' I cringe," said former TJC student Ashton Givens. "It makes me feel like I am not wife material. I'm just someone who has a baby. There is much

more to it than that. When I found out that I was pregnant, I became really sick and had to move back home. It was hard leaving behind my friends that I was so close to. Now that my baby is born, it is so hard and expensive. I never thought it would be this hard, but as a mother I have to set an example for my son and continue to get my education."

Givens is now back home in Denton, juggling school, work and most of all raising her child.

Becoming pregnant during college may be the reason a lot of young women move back home. In 21-year-old Jasmine Allen's case, becoming pregnant is what motivated her to attend college.

"It's pretty hard because she was a month old when I went back to school," said Allen.

As she entertained her baby girl, Aaliyah (who Allen calls "Liyah"), by teaching her to say

"hi" and "bye bye," Allen began to explain the challenges of being a mother in college.

"It's pretty stressful. My baby is teething, so I could be up at 3 in the morning. I have class on Mondays, Wednesdays and Fridays. I wake up around 6 a.m. and I have class from 8 a.m. to 11:50 a.m. Right after that, I do some homework and then go straight home to Liyah. My mom watches her when I'm at school which is a big help, considering that Liyah's father is not in her life. She is an 11-month-old who is discovering body parts right now, which means she pokes me in my eye a lot when I'm trying to study. It turns into a load after a while," said Allen.

Allen paused and briefly granted her full attention to Aaliyah; giggled, kissed her daughter on the forehead and began to expose more truths of being a mother.

"A lot is different, take dating for instance. There are a lot of men that are skeptical about dating women with babies. I mean, you have to push dates off because the baby comes first. There is just so much more for the guy to consider because most of all he has to be willing to accept your child. As for friends, I can't just get up and go. I have to make sure that Aaliyah is taken care of and that there is a babysitter available. Everything revolves around Aaliyah," said Allen as she slightly chuckled.

Allen gazed at her daughter dressed in dark blue jeans, white leather shoes, a white under shirt and a bright purple sweater as she clapped and bounced her small pony tails.

Aaliyah tugged to be let down in order to explore the grounds of TJC, more like crawl the grounds.

"I can't give my baby everything financially right now and I would like to. She is my motivation to continue my education so that I can. Before I got pregnant I kept putting school off because I felt like I didn't have a reason to go, now that I have her...she helped me get on track. People don't understand the realness of being a mother and in college; they just judge you as if you're just a wild girl that ended up pregnant."



Photo by April Miller

PLAYING WITH HER CHILD: Jasmine Allen makes time to play with her 11-month old daughter Aaliyah.

Flu outbreak slowing down

By Jeff Wright
Staff Writer

Everyone remembers last year's flu scare over the H1N1 virus and the panic that the "swine flu" brought at the mention of its name. But when compared to last year's flu season, this season would be like comparing night to day.

"A lot more students have been in to get their flu shot this year so that helps a lot," said Dr. Stephanie Eijsink, on-campus clinic doctor at Tyler Junior College. "It's free. I recommend students to come in and get it."

According to the Worldwide Health Organization (WHO), 48 of the upper states besides Florida had widespread outbreaks in 2009. This year, only a handful fall into that category. The pandemic was officially called off June 23 of this year, with officials hoping that it would fall into a normal seasonal pattern.

"It was crazy. Every day was crazy. Students would pour into the clinic concerned about whether or not they were sick," said Frank Escobedo, nurse at the on-campus clinic.

"Last year was terrible. It had everyone scared for a long time," said Dr. Eijsink.

"Scared" is putting it lightly. According to reports from WHO, over 214 countries worldwide confirmed cases of the virus, with 18,449 people dying due to the H1N1 strain. With the virus rearing its ugly head on campus, TJC took action towards protecting students from further outbreaks.

TJC opted for a new policy concerning the outbreak of the virus: if students or faculty present symptoms of the flu, they are required by school policy to stay home for at least one week to prevent spreading the flu among other students, just to be on the safe side.

— see MAMA page 17 —

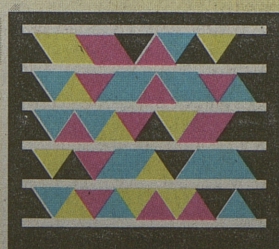
— see FLU page 17 —

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THE APACHE POW WOW

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WEB EXCLUSIVE:

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Questions or concerns...? Email: tjcnews@tjc.edu



c o l u m n

Tips to get the smallest bang for your buck

By Chantel Martin
Editor in Chief

It is no surprise that college students have accumulated the most debt and have the hardest time coming out of it. But from my personal experiences, I have been able to shave a few dollars off of my semester expenses.

TRiO: An organization that thrives on helping students graduate and transfer to universities after they have become core complete in a university studies major. TRiO allows students to rent textbooks and even keep the older versions. The program provides workshops, a computer lab and will pay for books after a student has completed a semester in the program.

The library: The library has available textbooks that can be checked out to students. However, it's for a limited time and it has to be used in the library. But there are copy machines available as well. The library also helped me with my commute costs.

Taking your lunch to school: It sounds elementary, but think of the money you'll save. School lunches are around \$5 and whenever I go to the bookstore I spend at least \$3 on junk food. If home-brought lunches don't sound all that great, it's probably because you're not packing the right things. Also keep in mind the places that give you free lunch like BSM on Wednesdays or student run events that may have pizza and drinks.

Refill your ink cartridges: Do not throw those expensive little tubes of ink away. Go to your local Walgreens and ask for them to refill it. Last time I did it was under \$10, but that is a lot less than paying \$30-\$40 for brand new ones.

Medicine anyone?: Things that keep you healthy are just as expensive as things that don't. I stopped buying big bottles of pills and liquid supplements and instead went to a local clinic and asked for samples. They may not be name brand, but they still serve the same purpose.

Dump the gym membership: TJC has an amazing gym. It is spacious and has different types of equipment to condition all parts of your body.

Work Study: Working for the school can help pay for your tuition or maybe put a few extra dollars in your pocket. Jobs range from working in the bookstore to working in the cafeteria.

Recycle: Sell your used textbooks. I know the bookstore will not take back any book that is loose-leaf (government, history, etc.) but another student will. Don't know where to find someone; RSC has a bulletin board where you can post ads for roommates or anything else (within reason). You can also buy books at a lower cost if they come from another student.

Don't be afraid to walk: I have seen students drive in circles around the RSC parking lot looking for a spot. That wastes gas and time. Just find somewhere else.

Live on campus: Campus housing may be a downgrade from living in your own apart-



ment, but it does save a lot of money. There are no rent checks, no need to shop for groceries, no Internet, phone or cable bills and you are in walking distance of everything on campus.

Those are just a few ways to help save a little bit of money. There are others such as carpool, take online classes to save a trip or two and try not to get any tickets. These are not ideas that will save you a million dollars down the road but they may help out a few people who just need to save a penny or two.

VIEWpoint

The Apache Pow Wow welcomes readers to voice their opinions on articles at tjcnwspaper.com or by sending a letter to the editor at tjcnwspaper@tjc.edu. Full articles and comments can be found at tjcnwspaper.com.

IN THE NOV. 12 ISSUE OF THE APACHE POW WOW, A MISTAKE WAS MADE REGARDING A CAPTION ON A BSA DANCE PHOTO. SO I WOULD LIKE TO APOLOGIZE AND MAKE CLEAR THAT DANCES ARE NOT PUT ON HOLD BECAUSE OF SITUATIONS AT LON MORRIS.

WHAT DO YOU THINK

POLL QUESTION

DO YOU THINK TJC SHOULD BECOME A FOUR-YEAR INSTITUTION?

Yes

No

REPLY TO THIS QUESTION AT:
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RESULTS OF PREVIOUS POLL

DO YOU THINK THE HOME IN WHICH A PERSON IS RAISED CAN INFLUENCE WHETHER OR NOT THEY ARE OBESE?

Yes ☒ 27% (40)

No ☒ 73% (107)

TO REVIEW THE RESULTS OF THIS QUESTION, GO TO:

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e d i t o r i a l

The right amount of sleep proves beneficial

Sleep is a major body function that helps keep us running day in and day out. However, many people do not get the rest they need. Due to the popularity of the Internet, e-mail, video games, television and an around-the-clock society, it's hard to get the rest needed to function at optimum level.

Many of us have heard doctors saying that eight hours is the minimum amount of sleep that the human body needs. Sleep is directly related to learning and working. According to the National Institutes of Health (NIH), a person who sleeps at least eight hours outperforms a person who sleeps less than eight hours.

Sleep directly affects col-

lege students and their ability to learn. Several studies done by the (NIH) prove this theory. Lack of sleep leads to slower thinking processes, makes it harder to pay attention and makes it easier to be confused, as well as other side effects.

Another side effect is slower reaction time. This may not seem like an important effect but it is, especially if the sleepy person is driving. On a recent episode of the Discovery Channel show "Mythbusters," Tory, Grant and Kari were testing the myth that driving sleepy is worse than driving "tipsy" or just below the legal blood alcohol level. They decided to test this theory with a monotony test that represented driving on

a highway and a reaction test where they drove on a course that simulated driving through traffic. After several rounds of testing, the results showed that driving sleepy can be anywhere from two to 10 times worse than driving tipsy, depending on the person.

Hormones are also affected by sleep. Some doctors think that lack of sleep leads to obesity. Leptin, which is an appetite suppressor, is released into the body as a person sleeps and grehlin, an appetite stimulant, decreases.

Most people seem to think that because they can't sleep, caffeine is the best answer. Caffeine may be the "quick fix" but it's really not healthy for your body.

Drinks like coffee may give you a quick energy boost but at the end of the day, you're still tired. Caffeine stimulates the central nervous system, which elevates the heart rate and blood pressure. It also causes the body to become dehydrated making some reach for another drink. Caffeine can also cause a person not to sleep. According to www.overcaffeinated.org, caffeine has a half-life of six hours. Basically that 200 mg soda that you had at noon for lunch will still be in your system at 6 p.m. Caffeine can also become addictive.

The next time one thinks about getting a cup of coffee or soda, think about how it will affect your sleep and in turn how it will affect your grades.

The APACHE Pow Wow

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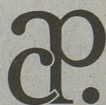
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"I do."



"It appears to have been done with a key to the city, which narrows the suspects."

The Funnies

Source: www.mctcampus.com

Calamities of Nature by Tony Piro



horoscopes

ARIES (March 21-April 20) Duty, response, honor Before the end of November ongoing social or romantic power struggles will be resolved: after Tuesday expect renewed respect and co-operation. All is well: don't hesitate to take action. Monday through Wednesday workplace rules and regulations may increase. If so, watch for authority figures to set new standards or demand fast results.

TAURUS (April 21-May 20) Complex travel or business plans will take of a dramatic tone this week. Over the next few days expect authority figures, work partners and close friends to present controversial ideas. Short trips and creative solutions are now promising: remain patient and watch for sustained progress. After mid-week a romantic proposal may arrive without warning. Sensuality and passion will quickly escalate. Remain cautious, however, and wait for reliable commitments. Past emotions need to fade: ask gently probing questions.

GEMINI (May 21-June 21) Business or financial promises are now valid. Before mid-week expect friends and colleagues to propose new money strategies or announce elaborate career schemes. This is a strong time for advancement and fresh planning: don't avoid delicate or complex issues. Thursday through Saturday highlight quick home discussions and rare family decisions. Areas affected may involve recent money obligations, changing job expectations and revised schedules.

CANCER (June 22-July 22) An emotional competition that has operated for the last three weeks will now fade. Monday through Wednesday expect moody friends or socially distant colleagues to find common understanding. Unusual discussions or comments may also be accented: watch for minor verbal power struggles to soon turn into silly antics. Later this week a family member may reveal new financial information. Key issues may involve past records, property documents or timed payments. Take your time: small details are important.

LEO (July 23-Aug. 22) Fair play and group dynamics are accented over the next six days. After Monday watch for friends and colleagues to disagree on planned schedules, daily obligations or social events. Emotional ownership and possessiveness may be at issue: go slow. Thursday through Saturday love relationships may experience an intense wave of new passion and fast promises. Although all is well, take time to explore the private concerns and observations of loved ones. Family members may feel isolated or misunderstood. Stay open.

VIRGO (Aug. 23-Sept. 22) Home and romantic plans are accented this week. Loved ones and trusted friends may be highly emotional and changeable. Study facts, figures and paperwork for key clues: restrictions of time or money may now be bothersome. Business and financial decisions may need to be delayed. Over the next few weeks watch for large agencies and key officials to request completed documents and finalized paperwork. Wait for clear signals before taking risks. After Saturday rest and enjoy private time: energy may be low.

LIBRA (Sept. 23-Oct. 23) Before mid-week loved ones will search out emotional validation for their romantic goals or family ideas. Remain thoughtful and wait for detailed discussion: at present, friends and lovers may need to work through delicate issues of intimacy or trust. Employment relationships and financial promises, after Thursday, may be briefly unreliable. Take time to thoroughly study documents, instructions and new communications. Colleagues and key officials may easily revise their facts: stay open to quick changes.

SCORPIO (Oct. 24-Nov. 22) Love affairs and long-term family plans may now be complicated by time restrictions or outside responsibility. Refuse to be dissuaded: romantic hopes and social decisions will soon be brought into balance. Mid-week business routines will be briefly disrupted by lost documents, delayed permissions or costly miscommunications. Bosses and managers may be unavailable for instructions. Remain patient and study the implications of ongoing mistakes. After Friday contact old friends: your presence is missed.

SAGITTARIUS (Nov. 23-Dec. 21) Previous workplace power struggles will soon fade. Over the next five days watch for colleagues and friends to adopt a more creative approach to team problems. Tuesday through Thursday accents family discussions and home improvements. Friends and relatives may ask for revised schedules, quick decisions or new roles. Refuse to be dissuaded: group dynamics will work to your advantage. Later this week respond quickly to the observations of loved ones: family financial decisions may soon be necessary.

CAPRICORN (Dec. 22-Jan. 20) Social relationships are now unpredictable. Over the next six days watch for sudden outbursts of emotion or rare confrontations. No serious or long-term effects are likely, so not to worry. Do, however, avoid detailed discussions concerning past promises or missed invitations. Thursday through Sunday key officials or older relatives may reveal unexpected ideas, documents or decisions. Areas affected involve long-term financial strategies, property agreements or legal partnerships. Facts and figures may be unreliable. Stay calm.

AQUARIUS (Jan. 21-Feb. 19) Close relatives and romantic partners will this week be highly motivated to discuss family patterns, traditional roles or past emotional decisions. Past differences will no longer create restriction: use this time to improve harmony, understanding and group awareness. After mid-week some Aquarians may encounter a complex business or financial proposal. Group investments, property disputes or long-term security may be a key focus.

PISCES (Feb. 20-March 20) Romantic and social promises are highlighted over the next few days. Late Tuesday watch for loved ones to introduce new levels of emotional sharing or sensuality to key relationships. Be receptive: renewed social faith will soon offer strong rewards. Thursday through Sunday employment relationships and work promises may prove briefly unreliable. Stay on track: at present, key officials and large agencies are preparing complex changes and new announcements. Job titles may soon change: remain determined.

Source: www.mctcampus.com

Quick Routes

What are your plans after graduation?

“I’m going to go to a university and continue majoring in social work.”
Lauren Walker



“Hopefully I get a job! I hope to find a ministry business somewhere to get experience.”
Miram Gruenwald

“Attending UT-Tyler with a major in speech communications and a minor in journalism.”
Bradley Stenberg



“I am accepted into UT-Tyler and am in the computer science program.”
Chekeria Knox

Students deal with college challenges

By Shurika Mumphrey
Staff Writer

Tracy Williams, Licensed Professional Counselor of Tyler Junior College, has seen a significant rise in students needing counseling due to the pressure of upcoming finals.

"One of the main things I see students for is test anxiety because a lot of the college grade is made up of tests and if students have anxiety, they don't perform as well," said Williams.

Williams said that a lot of the time she sees students who are overwhelmed and some that may have taken on too many classes.

TJC student Shannon Speaks agrees that finals are putting more stress on her. She is taking five classes and has to find time to study equally for each one. However, Speaks said that she refuses to let the workload get to her.

"I want to make something out of myself. That's the only thing that keeps me going," said Speaks.

A lot of students are trying to work and be involved with extracurricular activities while going to school full time.

"A lot of times it's just talking to professors,

talking to employers, talking to advisors and finding out really what your options are," said Williams.

"I study everything I have to study. I turn in my homework and I keep up with my classes," said Nohemi Villegas, Vision Care Technology Major.

Paying for college also adds to the stress. Having to choose between paying a light bill and paying for college is among the list of added pressures.

"I have to make good grades in order to get into my program and I am also working to take care of myself," said Sydnee Dowden, nursing major.

Some find shelter in their FASFA or their student aid while for other's financial aid plays a big role in the stress on campus. Some students have had to resort to dropping out of a class or two due to receiving their refund money late.

"I also encourage students to talk to their academic advisors because dropping a class or withdrawing from a class can have an affect on their financial aid," said Williams. "It may have an impact on how much you can borrow in the

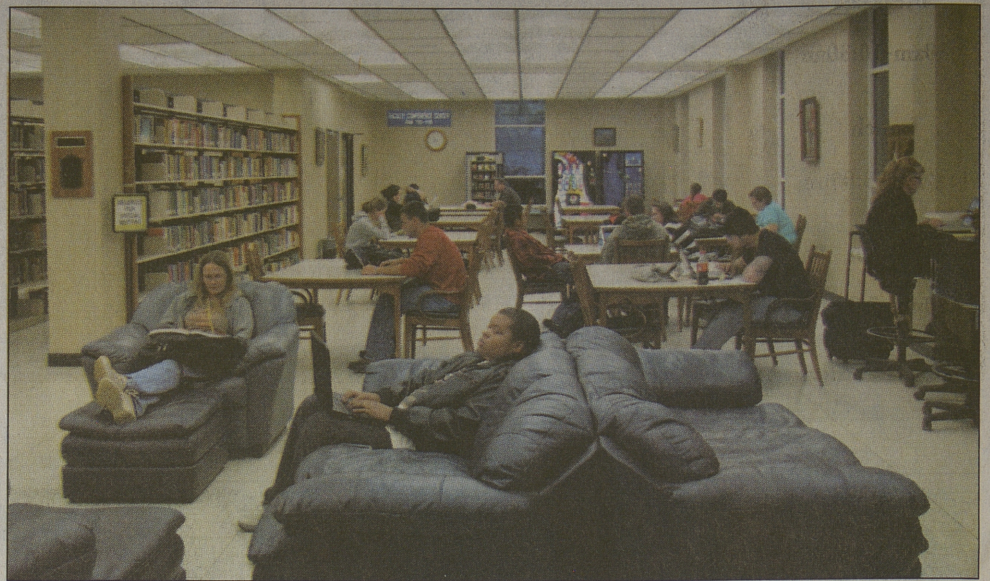


Photo by Logan Thompson

STUDYING: TJC students find quiet time in the library to prepare for upcoming finals.

future."

One thing that can resolve that issue is doing the financial aid process early. If there are any complications, another result may be to borrow a friend's book or go to the library.

"I'm with financial aid and if we don't pass, we don't get financial aid. So there's a lot of pressure with that," said Naomi Giron, biology major.

"You have to cut off the things that cause

you the least problems and the first thing to do is to really go in on your study time and put your academics first because it's (the semester) only a few more weeks," said Williams.

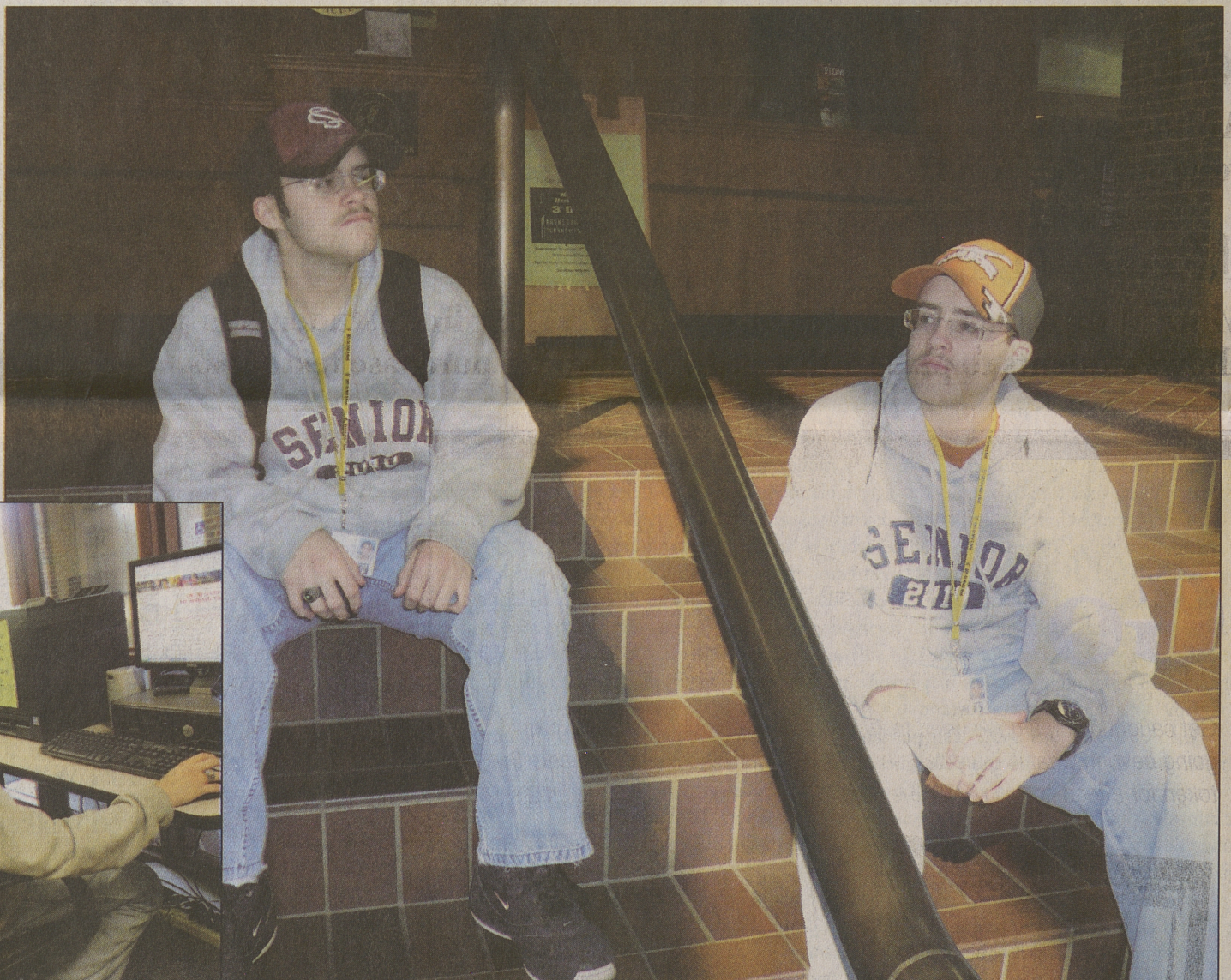
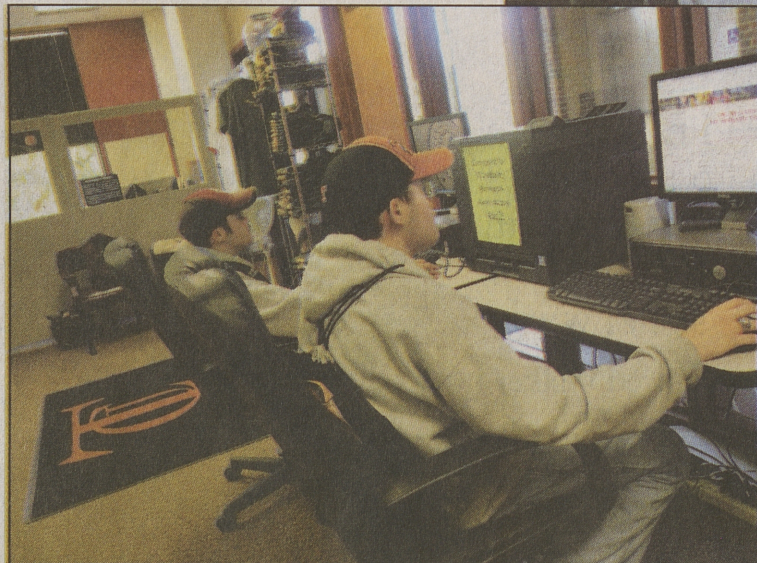
Williams works on a plan for each student according to what he or she may be stressing over. She encourages students to talk to their professors about concerns regarding their grades.

TWO IS BETTER THAN ONE

Photos by Andrea Masenda

SPENDING TIME TOGETHER:

Right: Timothy, on left, and twin brother Brandon Stryker, on right, take a break between classes at Rogers Student Center. Below: The Stryker brothers study and check their e-mails.



Twins tell why they chose same college

By Andrea Masenda
Verve Editor

"Can you read each other's minds?"

"If someone hurts him, do you feel it?"

"Do you ever switch places with each other to confuse people?"

These are common questions that twins all over the world hear almost routinely. One important question that they are also asked on arrival to college is why they decided to attend the same college after being together for at least 18 years.

For most high school seniors, the first move after graduation is to pack up and head to the college of their choice. Many students look forward to leaving the nest in order to get a fresh start. Moving away to college means leaving behind their parents, pets and siblings that have played a huge role in the development of who they are. As for twins, they have lived their entire lives side by side and may feel differently about whether or not to begin the next chapter with their other half.

Brandon and Timothy Stryker are freshman at Tyler Junior College and were born only 13 minutes apart. The two attended high school in Summerville, SC, but opted to attend Tyler Junior College instead of the junior college in their area. The two are both looking to pursue a nursing degree and become RN's and were lured to Tyler because of the nursing program. Since they have the same degree plan and were traveling so far from home, they felt it only made sense for them to go to the same school.

"I think the reason why most twins go to the same college, especially if it's an out-of-state college, is because when you don't know anybody, you'll at least know one person. We thought about going to different colleges, but we balance each other out," said Brandon Stryker.

Noelle and Naomi Giron are also freshman at TJC, who

were born 30 minutes apart. Unlike the Strykers, Noelle and Naomi have different career paths; Noelle is studying pre-vision care and Naomi biology, but had other reasons for wanting to go to the same college.

For many families paying college tuition for two children at the same time can be a little overwhelming.

"Well, it was cheaper, our parents didn't have to split up the money and we wanted to be together. We didn't want to be away from our parents for the first time and be alone," said Naomi.

Paying one lump sum of tuition to one school as opposed

"We've been together since we were in our mom's belly; I think it will be the first time that we see the real meaning of loneliness."

-Naomi Giron
Freshman, Tyler Junior College

to two was one of the benefits that the family would have by sending the twins to school together. Naomi and Noelle decided that rooming with each other would also be an easy money saver.

"Our parents wouldn't have to buy two sets of everything, two refrigerators, two TV's," said Naomi. "It's also good because I know she won't steal any of my stuff and since we share most of our stuff, it makes it easier."

Although both sets of twins have made the decision to attend junior college together, they have to begin to think about what paths they are going to take after their time at TJC is complete. As for Brandon and Timothy, they have decided to remain a duo for a little while longer.

"We're hopefully going to UT-Tyler for about a year and we'll probably get a job and then go our separate ways," said Brandon. "I mean, we'll always keep in touch because we're brothers, but that'll probably be the hardest time."

Having different majors and ultimately different aspirations will be what finally separates twins Naomi and Noelle after receiving their Associates degrees in Tyler.

"I want to transfer to A&M. That's my first option, or I am going to join the military. She wants to transfer to Baylor. It's going to be different because, yeah, we've been apart, but not for that long. We've been together since we were in our mom's belly; I think it will be the first time that we see the real meaning of loneliness," said Naomi.

Unlike the Strykers and Giron, Elise and Ariel Rives, who are just 15 minutes apart, had to cope with separating from each other immediately for their first semester in college. The two both wanted to attend Texas State University in San Marcos, but after Ariel was admitted, Elise's parents suggested that she come to TJC for her first two years and later transfer to Texas State for her junior and senior years. Although this is her first time being away from her sister, Elise finds that their relationship has ultimately become better since the two went their separate ways.

"It's different, a lot different than I thought it would be. We shared a lot of things like a bathroom and a car, which made us closer but it also made us fight. So being away from her makes me miss her more than I thought and when we see each other, we're so happy because we've been away from each other for so long and not used to it," said Elise.

Whatever the matter, creating an individual identity is an important, vital part of becoming an adult. The bond that these siblings have is unlike one that any individual could be able to understand.

The Deli (Pirtle)/The Deli (Ornelas)/
Java Cup
will be open 7:30am - 3:00pm

What's On The Menu?

Finals Week

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|---|--|---|---|---|
| Breakfast 7:30am-10:30am | ● Scrambled Eggs, Green Chili Bake, Sausage/Bacon, Grits, Biscuits, Gravy | ● Scrambled Eggs, Boiled Eggs, Sausage/Bacon, Hash Browns, Biscuits, Gravy | ● Scrambled Eggs, Tex-Mex Frittata, Sausage/Bacon, Hash Browns, Biscuits, Gravy | ● Scrambled Eggs, Cinnamon Rolls, Sausage/Bacon, Hash Browns, Biscuits, Gravy | ● Scrambled Eggs, Potato Skillet, Sausage/Bacon, Hash Brown Casserole |
| Lunch 11:00am-3:00pm | ● Chicken Fried Steak, Tex-Mex, Casserole, Sides, Salad, Fruit Bar | ● Chicken, Lasagna, Meat Loaf, Sides, Salad, Fruit Bar | ● BBQ Brisket, Chicken, Enchiladas, Sides, Salad, Fruit Bar | ● Rosemary Pork, Roast, Meat Balls, Spaghetti, Sides, Sides, Fruit Bar | ● Fried Catfish, Sides, Salad, Fruit Bar |
| Dinner 4:30pm-7:30pm | ● Beef Stroganoff, Swiss Chicken, Rice, California Blend, Sides, Salad, Fruit Bar | ● Beef Ravioli, Veal Parmesan, Noodles, Sides, Salad, Fruit Bar | ● Rosemary Chicken, Crusted Tilapia, Baked Potatoes, Sides, Salad, Fruit Bar | ● Beef Stir Fry, Roasted Turkey, Sides, Salad, Fruit Bar | ● Pork Chops, Beef Lasagna, Sides, Salad, Fruit Bar |

RENT YOUR BOOKS

Websites that provide textbook rentals for students

chegg.com

Chegg.com has a link on the site that contains a customer's head shot and a brief description of his or her experiences with renting from chegg.com. The site also gives quotes to students who want to sell textbooks and for every textbook rented, chegg.com plants a tree.

ecampus.com

The site mascot, a goldfish, is quoted on the home page saying, "We know you're broke. We make you less broke." Ecampus.com provides rentals for used, new and electronic textbooks. They also sell college clothing, DVDs and movies.

campusbookrentals.com

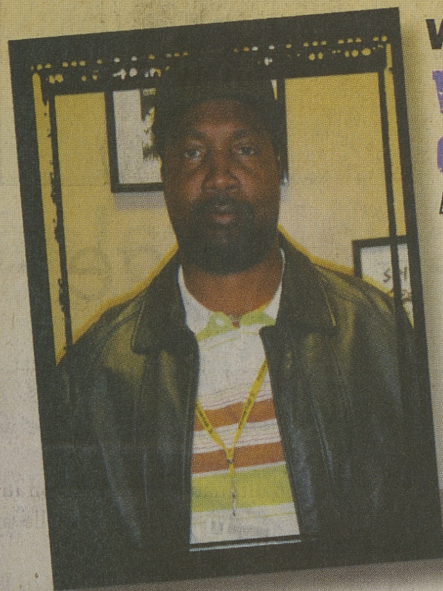
Although you're allowed to rent textbooks, campusbookrentals.com provides the option to purchase your books after you rent them. The site has scholarships and free giveaways, and membership is free.

bkstr.com

More of a database of college bookstores, efollett links students to their school bookstore's website and allows students to place orders for rentals or to purchase textbooks.

Look who Got Caught!

Get caught doing a good deed, a simple act of courtesy, a kind word or going beyond what is expected and receive a wooden nickel. Redeem the token for a food coupon and be entered in drawings to win bigger prizes.



Week of Nov. 8

Victor Crawford

Dressing for success

Week of Nov. 15

Marteal McConnell

Took keys out of car and turned in

Others who got caught doing it right:

Brandy Smith
Opened door for student in wheel chair

Tamiraha Lowrie
Turned in credit/debit card

Tamirria Andrews
Dressing for success

Joshua Strickland
Helping and being nice to Dr. Eijnsink

Aimee Allen
Returned car keys to CS and left note on car

Marteal McConnell
Helping someone

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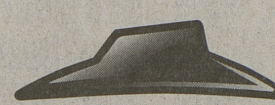
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TJC Pop Show brings greatest hits

From Beatles to Black Eyed Peas, Harmony and Understanding hits every note

By Tania Chavez
Staff writer

The T.V. show "Glee" is creating a lot of buzz all over the nation. It showcases a group of high school students who sing and dance songs that are popular from the past and present. But for Tyler Junior College this is a familiar tradition.

Since 1971, Harmony and Understanding has brought live music, dancing and singing to Tyler Junior College.

"It's lights, acting, dancing and music," said Nathan Russell, professor/director of choral activities. He is the sixth director of Harmony and Understanding.

The group of TJC students performs a range of songs that include old-school favorites to modern-day hits. According to Russell, the students perform some of the songs performed on the very popular Fox show "Glee."

Harmony and understanding presents a show full high-energy entertainment for its audience. The songs range from Aretha Franklin to the Black Eyed Peas.



Courtesy Photo

They also sing, "Jump" from 80's band Van Halen.

"This year we are even doing some jazz," said Norman Jones, 20, Henderson who has been part of Harmony and Understanding for three years.

On Nov. 19-20 Harmony and Understanding put

together a show called Pop Show.

"Pop Show is very up beat," said Karmen Trotter choreographer for the show.

Trotter has been working with Harmony and Understanding for the past two years and also works as a choreographer for TJC's marching band.

"It's a musical review," Russell said.

The show is full of entertainment and has something for everyone. The costumes the students wear on the shows are specially made and they also get them from dance studios.

"Sometimes I help with make-up," said Jessilyn Taylor, 21, Tyler. She has been involved with harmony in understanding for two years.

Taylor was a part of the cast of the Pop Show; she said she loves to perform because she has a real passion for it. Taylor also said that she helps backstage by helping people with their hair and make up.

Harmony and Understanding has rehearsals every Thursday from 7 to 10 p.m. They hold auditions every April. Anyone is welcome to come and show their talents.

Performer Andy Grammer brings Hollywood to TJC

Haley Smith
Staff Writer

With a worn backpack and guitar case sitting against the wall behind him, New York native Andy Grammer juggles the task of chewing furiously on his salad while laughing about what artists he would compare himself to.



Photo by Haley Smith

SINGING HIS HEART OUT: Performer Andy Grammer performed original songs from his album as well as covered Maroon 5 in Ornelas gold room.

"It would be if John Legend, One Republic and Jason Mraz had a little baby," Grammer said. "I would be that... some weird artificial insemination creature. That would be me."

Grammer might currently be an unfamiliar name as a singer/ songwriter, but he is slowly emerging as a known talent.

"Everywhere you go these days people are waiting for me to play, which is better than not that," Grammer said.

Grammer has been living off music for about three years,

and he started as a street performer in L.A.

"It's just crazy cause like a year ago I was at the street," Grammer said with eyes unfocused, like he was reminiscing about old adventures. "I started performing on the street at Santa Monica and I would pay my rent by slinging CDs on the street. Now I'm coming from L.A. where I just did a show at the Roxy and there were like 400 people there. It's just so awesome and so lucky, I feel very blessed."

He describes his genre of music as credible pop because he writes the songs and lyrics and that his songs convey happiness.

"I think what's hard to pull off when you're trying to be real is happiness," Grammer said as he talked through a smile. "There are many times in life where you are just genuinely just happy, but when you try to put happiness into a song, it's so cheesy."

He recently caught a whiff of fame after he released his music video for the single "Keep Your Head Up," which is an interactive music video where viewers can actually choose what they want Grammer to do in the video.

"It's pretty cool...to start seeing myself pop up," Grammer said. "Like this video just got some serious press, so there's an article in the Wall Street Journal...and it got written up in Variety and Billboard."

His inspiration from music sprouted from his father Red Grammer, who was a popular children's singer.

"He was in a folk group called the Limelighters when I was growing up," Grammer said. "I've always had the music around me."

Albums "The Miseducation Of Lauryn Hill" by Lauryn Hill and "Room for Squares" by John Mayer also inspired him to start his music career.

"Those hit me at the same time and I really like both of those

a lot," Grammer said. "Those are kind of my first and from those I kind of moved into some others."

For now Grammer is traveling, doing a mixture of playing shows and radio stations.

Grammer played an acoustic show in Ornelas Hall at Tyler Junior College, sponsored by the TJC Interfaith Club. Mathematics/College Preparatory Studies professor and Interfaith Club sponsor Karen Anglin actually met Grammer a few years back and was able to set up the concert.

"It's not hard to see, once you hear him, how talented he is," Anglin said. "You know it's pretty easy to identify that this is somebody who really is going to make it."

During large shows he normally plays with a five-to-six piece band, but while traveling he just sticks to playing acoustic guitar with his songs.

"[I want] just to connect with millions and millions of people about something very intimate," Grammer said. "It's a really special thing. If you're a musician and you're singing to a crowd, that has all had a moment in their car where they have gotten to know you artistically, alone driving for a long way going 'yeah totally I feel that.' And then when you're in the shows... and you're all unified back to something real. That to me is what a concert is, everybody connecting on something worth while."

His first album, still untitled, is set to come out in January.

"I always knew I wanted to do something to try and impress people," Grammer said. "Like I was into magic and then I got into, like I wanted to be a clown but like a really good clown, like a stilt walking juggling clown. And then I thought maybe I wanted to be an actor, but the one where you get to say the most, like just be yourself the most and talk from a specific voice, for me seemed to be music."

TJC Creates melting pot of classic fairytales

Kassidy Veraska
Staff Writer

Imagine living in a place where the divas of classic fairy tale stories roam the streets mingling and coexisting. There is only one word that could follow the socialization of these characters - chaos. Into the Woods is a fairy tale musical that differs from other musicals and mirrors reality. It reinforces the old proverb "be careful what you wish for," and it gives Tyler Junior College theater students' new opportunities to experience.

"You take Little Red Riding Hood, Jack and the Beanstalk, the Baker and his wife, Cinderella, Rapunzel, Snow White and the Seven Dwarfs, Sleeping Beauty on steroids...now mix it up in a bowl and toss it out," Dr. Crawford, TJC theater professor and director of this years musical, said of Into the Wood's storyline as he leans over his wooden desk, hands clasped together. "Normally speaking they stand alone, but now we mix it all up and they all interweave, they all interplay and come in contact with some of the most beautiful music you've ever heard."

Dr. Crawford and the musical director, Nathan Russell, are the two people who are overseeing most of the show's planning.

"I'm heavily dependent on him and he's heavily dependent on me," Dr. Crawford said of Russell. "Now we need each other to put together a musical....It's a total give and take."

The collaboration of directors who work on a musical of this caliber is what can make or break a show. Each director provides his own input and artistic touch to the show.

"I think the strength of a good solid musical is the ability to work together, the creative process, which is what theater is all about and which is the first thing we have a tendency to forget sometimes," Dr. Crawford said.

All musicals are challenging in their own right because of the difficulty of meshing acting with singing. Into the Woods seems to stand apart from the rest because the story is told mostly through song with very little regular dialogue.

"The music is very demanding," Dr. Crawford said.

This year's musical is also different because there will not be much dancing involved, and it relies heavily on the songs to tell the story. The cast of the show is quite large and is made up of 21 characters. Many students think that the audition process for a musical is very intense and are already getting nervous.

"Now we have to balance music talent and acting talent.... It's very intimidating when you come in because so much rests on that," Megan Bryant, a TJC sophomore, said of the musical's auditions.

Anticipation fills the halls of the Wise Cultural Arts building as the students grow anxious about the upcoming challenges of preparing for a musical. Everything from auditions to rehearsal schedules will change come December, creating a huge shift in pace.

Even though auditions are more stressful for some students, they enjoy watching the whole process unfold. They find it interesting to see how their fellow students react to the pressures of auditions.

"Some people are naturally not afraid of singing at all, and so they come in with really, really strong vocals and it's amazing. It's really fun to watch, which is why a musical is so great because it is so different. You get to see a different side of a person you know," Bryant said adding that she often thinks to herself 'Oh, I didn't know they could sing. Wow, they totally can'. It's awesome."

Musicals give the students a chance to experience that kind of public revelation that they would have missed out on in a regular show's audition. It pushes the actors to work out of their own comfort zones and work to improve their craft.

It also teaches the students to handle a heavier workload and shows them how to deal with time management. It makes the students prioritize their responsibilities.

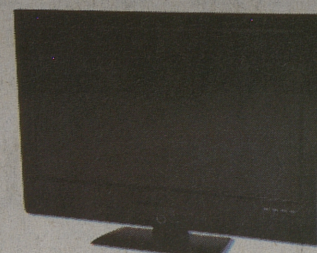
"It really is about how much time you're willing to sit down and work with your audition pieces," Bryant said of being successful in a musical. "You've got to practice."

TJC Theatre Productions to look for Next Spring:

"Into The Woods"
February 23-26

"The Diviners"
April 27-May 1

Got questions? Call
(903) 510-2214
or visit
www.tjc.edu/theatre



MUSIC

GAME

TV

Title: Greek

To Be Released: Jan. 3, 2011

The upcoming fourth and final season of the ABC Family television series "Greek" will continue to follow Dale, Rusty and the rest of the Cyprus-Rhodes crew as they prepare for college graduation. In the final episode of season 3, the crew takes a spring break trip to Myrtle Beach and the episode concludes with Cappie breaking up with Casey after he learns that Casey is leaving to go to law school and he isn't planning on graduating or leaving Cyprus-Rhodes University.

Title: American Idol

To Be Released: Jan. 19, 2011

Also; be on the lookout for the *Mortal Kombat: Rebirth* movie. It is set to be released in 2013. The movie trailer is available on youtube.com.

The tenth season of "American Idol" will premiere on Jan. 19, 2011. Randy Jackson will be joined by new judges Steven Tyler and Jennifer Lopez after season 9 judge Ellen DeGeneres left the show after one season. Lee DeWyze became the most recent winner of American Idol, outlasting finalist Crystal Bowersox during the final episode on May 26, 2010. It was announced that season 10 of "American Idol" would be the first season to include online auditions as well as live auditions.

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Aid money used for tickets

Students are using financial aid to pay for their parking

By Stacey Gonzalez
Staff Writer

When most students receive a parking ticket on campus, they must pay a fine with money out of their own pocket. But for students receiving financial aid, that is not usually the case; their financial aid picks up the tab.

According to the Financial Aid Handbook, the average student receiving assistance gets \$2,552 a semester to pay tuition and related fees. Any money remaining is automatically used to pay the student's outstanding fines, including parking tickets.

Financial aid will pay all charges on a student's account prior to returning any unused money to the student, confirmed Devon Wiggins, Director of Student Financial Aid at TJC.

She said that being on financial aid does not exempt the student from the responsibility of paying a ticket. Students who use all of their financial aid and then get a ticket must pay it themselves.

"I have used financial aid to clear my tickets," said sophomore Jessica Vega.

Director of Campus Safety Randy Melton said that the cost of a parking ticket ranges from \$25 to \$50. He said most tickets are issued to students who park in faculty lots.

The fine is meant to deter students from parking in restricted areas.

"With students on financial aid, they might not feel the pain (of having to pay a parking ticket) as much as a person paying their individual tuition fees," Melton said.

Students who do not have the ability to use financial aid to pay parking tickets and then let the fines go unpaid will soon find themselves in trouble.

"After about four parking tickets that have not been paid, we will put a tow sticker on the student's car and will revoke their parking privileges until fees are paid," Melton said.

— see TICKETS page 10 —



Photo by Irving Marmolejo

NO STICKER GETS A TICKET: Campus Safety is implementing new technology to provide security in the parking lots. The cost of a parking ticket ranges from \$25 to \$50.

Training for the unexpected

A close look at the TJC Police Academy and the men behind the uniform

By Irving Marmolejo
News Editor

Society puts all its trust in the police whose main job is to protect and even sacrifice their life for the community. The TJC Police Academy trains many men and women to face unexpected situations and become police officers and guards.

"Since I was a little kid, I wanted to become a police officer. That is all I wanted to do," said Steven Campbell, Director of the TJC Law Enforcement Academy.

"I wanted to wear a uniform because I served in the Marine Corps and I chose the TJC Police Academy because it is well organized and we get exposed to all the academics as far as learning the law and the penal code and procedures for the state," said Robert Trombley, Jacksonville Police Department, who graduated from TJC in May 2009.

The TJC Police Academy has offered law enforcement classes and hundreds of in-service courses for law enforcement officers and prospective students since 1998. The Academy is designed to provide quality training at a low cost. Students enrolled in the police academy are called cadets and are trained to be prepared for the most unexpected situations.

"We have the model for a police academy," said Randy Melton, Director of Campus Safety.

The basic course takes four and a half months of training which shapes mental and physical skills. The physical challenge starts the first day when everyone is required to do 25 pushups and 30 crunches in less than a minute and run a mile and a half in less than 17 minutes.

— see POLICE page 10 —



Photo by Irving Marmolejo

TRAINING HARD: Police academy cadets prepare for another training session, which lasted more than an hour on a cold and chilly morning.

The price is right: the search for textbooks

By Kisha White
Staff writer

Lines are longer than usual. It's the end of the semester and TJC students are beginning to register for Spring 2011. Many college students receive Financial Aid and student loans, but for those who pay out of pocket they are always hoping to find the best deal possible on books and supplies.

"If my mother didn't pay my tuition and buy my books I don't know what I would have done, being a college student without a job right now," said Shonda Culberson, who is a TJC sophomore.

For those who need to find that reasonable deal, the TJC bookstore (on campus), College Books (off campus) and different websites offer tips before purchasing textbooks and supplies.

A huge black and gold sign reading "College Books" is located above the bookstore at 1232 E. Fifth St. and has been in business for 39 years stating that they are "your off campus store for your on campus needs."

It's a privately owned store that has supplies ranging from textbooks, t-shirts, nursing school supplies, backpacks, sweat pants and sweat shirts.



Photo by Irving Marmolejo

SEARCHING TO SAVE: Student Cassie Childs, for TJC student, tries to save money by searching the cheapest prices on textbooks.

"Our bookstore sells new and used books and we are here to help students however we can," said Ann Clower, manager of College Books.

The bookstore is a friendly environment; the workers greet students with a smile on their face as they enter the store.

"We enjoy the students. We have a good time meeting the many new faces, try to be helpful."

— see TEXTBOOK page 10 —

Former TJC student triumphs over disability

By Joshua Mumphy
Online Editor

Unsupported and misunderstood, Maygen Stevens, a 26-year-old former Tyler Junior College student with cerebral palsy, wants to use her struggles to inspire others.

"I hope to give back to the community as much, or even more, than it has given me," said Stevens, a senior at The University of Texas at Tyler.

"The key in life, I think, is to aspire to something great (and) being grateful regardless of life's experiences, positive or negative. It's how I've grown so much. It's the primary reason I'm able to reach and inspire others through my struggles."

Her struggles began at 6 months when she was diagnosed with cerebral palsy.

"The doctors explained that she would never be able to read, write, walk and understand anything, but I just didn't believe it," said her mother, Laura Stevens, a financial aid officer at TJC.

Although Maygen proved to be smart, Mrs. Stevens said she fought battles with teachers and school officials.

"Even though she tested intellectually off the charts, there was that stigmatism attached to her because she had a disability," Mrs. Stevens said.

She recalls being livid after learning that Maygen was being kept inside during recess because a teacher didn't feel Maygen should go out on a playground. Other teachers questioned whether she should be allowed in a regular classroom.

"A lot of teachers at that time, felt that if you had any kind of disability, you needed to be in special ed," she said.

At TJC, Maygen graduated with an associates degree in history, psychology and biology. At UT-Tyler she is concentrating her studies on socio-cultural anthropology.

She plans to eventually enroll in the University of Arizona and earn a PhD.

"I've always known that I wanted a doctorate since age 7 and I've also always loved people," she said. "Teaching, or working at a museum, anything that involves inspiring others while learning myself, has always been my passion."

— see INSPIRATION page 10 —

News In Brief

CAMPUS

STUDENT GUIDE

The student guide to rights and responsibilities has replaced the old registration guide and has been delivered to the Admissions and Registrar offices.

The online version can be found at www.tjc.edu/Registrar/RegisterOnline.php. This web page contains the guide and also registration dates, access to online class schedules and steps for new, returning and transfer student registrations.

For more information call (903) 510-2405.

GRADUATION

Students who are graduating in Fall 2010 and did not attend the rehearsal need to pick up their caps and gowns at the registrar's office. The commencement exercises for Fall 2010 will be 7 p.m. Friday, Dec. 10, in Wagstaff Gymnasium.

WINTER BREAK

TJC will be closed Dec. 20 through Jan. 2. The campus reopens Monday, Jan. 3. Online registration for Spring 2011 will be held Nov. 31 to Jan. 2. For available classes, go to www.tjc.edu/online/schedule.

LATE REGISTRATION

Jan. 6 is the deadline for payment of fees. Late registration for Spring 2011 will be held in the Apache Rooms in Rogers Student Center on Jan. 13. See the Registration Guide for specific details.

BACK TO SCHOOL

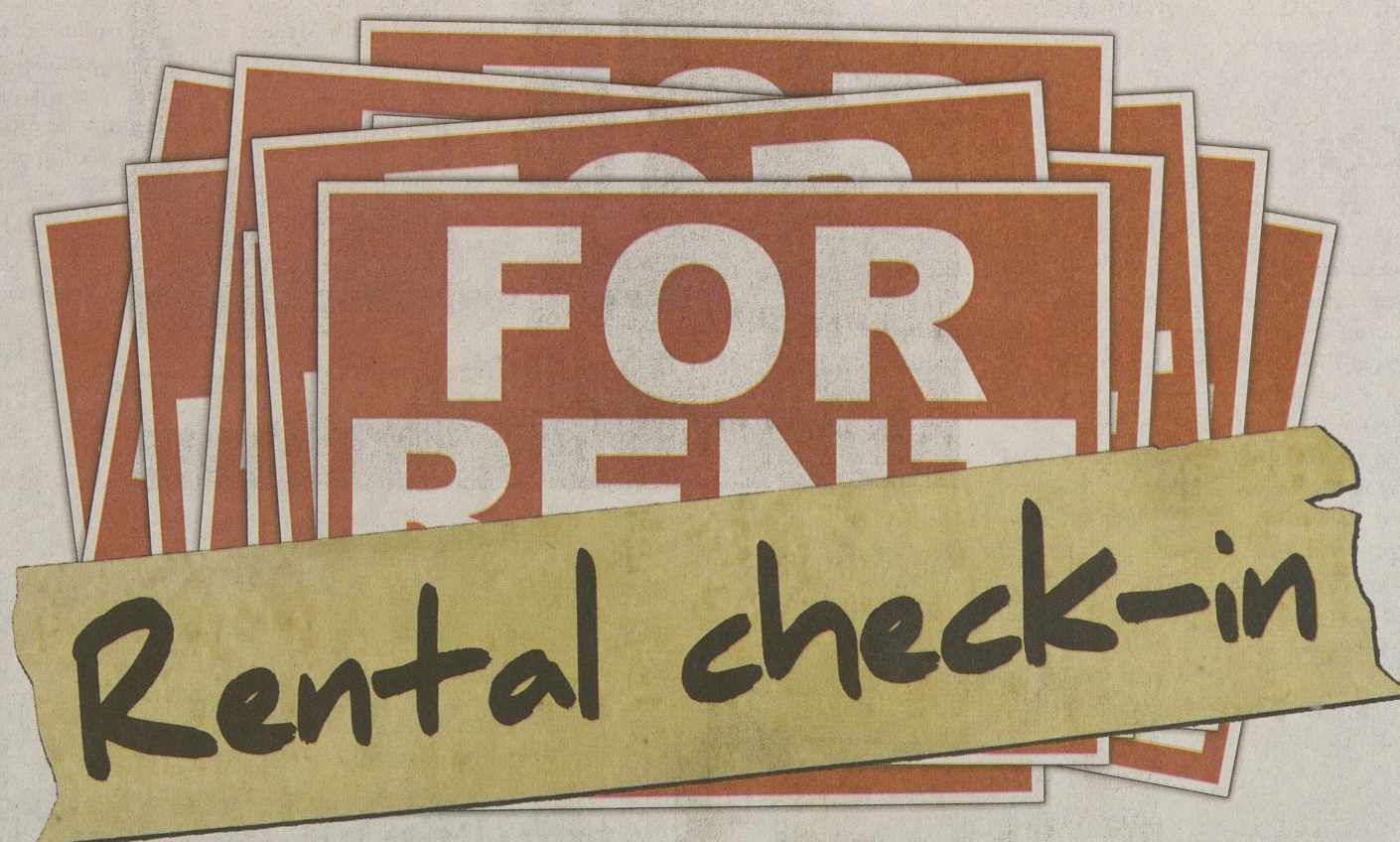
TJC will be closed Monday, Jan. 17 for Martin Luther King Jr. Day. The campus reopens Tuesday, Jan. 18, which is also the first day of classes for Spring 2011.

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Rental textbooks are due back:
December 10

TJC Bookstore
Rogers Student Center

New guidelines for double-major students

By Jarah Wright
Managing Editor

A new policy that went into effect this semester is causing frustration for many double majors on campus. The policy states that a student can't graduate with more than one degree in a calendar year and would need to take an additional 18-20 hours of work to meet the degree requirements for their second degree. Many double majors have become upset after hearing about this policy.

"This screws up every double major's plan," said Stefani Vause who is majoring in graphic arts/photography and business. She was planning on graduating with both of these degrees next spring. Now she's working on changing her plans to meet this policy.

One reason these students are upset is because they feel like they've been blindsided by this policy.

"They didn't let anyone know," said Vause.

According to Provost Butch Hayes, the information was available but it is the student's responsibility to get this information instead of waiting for someone to tell them.

"College is the training ground for life," said Hayes. "No one's going to do it for you.

The information is always in the catalog and this information is also available by speaking with an advisor."

Some students are angry at the school for this policy but this policy was initially passed by the Texas Legislature in 2008. TJC passed their policy as mandated by the state last year.

This measure was passed to save students money as well as get them through school faster so they can enter the workforce. It also keeps students from having to take the same classes twice when they transfer from a community college to a four-year university.

"Four-year universities have a cap on how many hours they take," said Hayes. "The most hours that a university can take are 66 hours. If the hours go over that, they are unaccepted and the student will have to take that specific class again. It's because of this that we recommend that a student wait to become a double major until they transfer to a university."

If you are a double major, Hayes suggests meeting with an advisor to sort out any problems, questions and/or concerns that a student might have about how this policy will affect them here at TJC as well as when they transfer.

Students look forward for holidays to come

By Reginald White
Staff Writer

Tyler Junior College dorm residents prepare for the holidays and the end of the fall semester.

After months of long classes, taking multiple tests and doing homework assignments, students are finally starting to catch a break.

Some students say that they can't believe the fall semester is almost over.

"It's crazy. It's like one day we were bringing all of our stuff into our new rooms and now we're getting ready to move right back out," said TJC student Terrance Allen.

After the students returned from the Thanksgiving break, they began preparing for their finals during the second week of December.

"The dorms on campus will have a 24-hour quiet time and there is no visitation either," said Destiny Brown, a desk assistant who works in Ornelas Hall.

"I'm going to be in my room studying so hard, I can't mess up on these finals," said Char'el Mosley, a freshmen living in Ornelas.

These quiet time hours gave students time to study and prepare for their upcoming finals without any disturbances.

Yese Gonzalez said that she will be preparing for her finals.

"Oh my gosh, I can't wait until this is all over with. I hate studying. It's all just giving me a headache," said Gonzalez.

Once all the finals are over, dorm residents will then head out for the Christmas break.

"Man, I can't wait to get out of here and go back home for Christmas. I'm tired of school already," said Xavier Johnson, a freshman living in Claridge Hall. "I can't wait to go back to work in Dallas, plus I'm ready to get some more clothes and stuff for Christmas."

Classes for the spring semester will begin on Jan. 18.

POLICE

continued from page 8

Classes are not instructed by professors, but by officers who know the lessons being taught. Tyler Police, the City Marshall and Sheriff's Department have a written agreement with TJC to provide their support in implementing the Police Academy.

"We spend a lot of time with our cadets in 'shoot-don't shoot' real life scenarios, teach them the penal code and prepare them for the state licensing test," said Campbell.

"When we do the parts where learning how to deal with wrecks, Tyler PD will send an officer who works in the traffic department. When we do crime scenes, they will send a crime scene supervisor. All of our cadets get the actual training from actual people who are doing the job today," said Thomas A. Johnson, Executive Director of Public Services.

Many police officers are hurt or killed in the line of duty and every person who is pursuing a career in law enforcement is aware of that risk. Johnson grew up knowing that he was going to get exposed to dangerous situations and yet he decided to serve the community. Today, Johnson is the Executive Director of Public Service Careers after serving 20 years as a police officer in six different divisions.

"My whole life has been serving the community and is fantastic even when you get ex-

posed to so many dangerous situations," said Johnson.

Basic training focuses on the State Licensing Test. After passing the test and graduating from the academy, cadets are awarded 12 college credit hours, which are important to keep in a criminal justice career. The TJC Police Academy has had a 100 percent passing rate in the last couple of years giving the academy a high preference among police departments. Most of the cadets are hired by police agencies or departments even before they graduate from the Academy.

"Most of our officers are hired. We get them hired before they graduate and we work with them to get them jobs," said Campbell.

Every person who chooses a public services career has many choices to academically keep improving, but their life is forever changed because along with their diploma they graduate with a sense of duty to protect the community.

"I want people to know whether you're a police officer or a firefighter, while it is dangerous, it is probably one of the most fulfilling things that a person can do because you get to save peoples' lives and no two days are ever alike," said Johnson.

For more information about TJC's Police Academy call (903) 510-2167.

TEXTBOOK

continued from page 8

Students from years ago still come in and visit us," said Clower.

Although College Books doesn't rent books, that is something that has been considered and if they start renting books it will be fall of next year.

The TJC bookstore has a new textbook rental program launched by Follett Higher Education Group. The TJC bookstore saved students \$53,000 on course materials this fall alone. Combined with the savings provided by used books and eBooks, this means that TJC students saved almost \$175,000 over the cost of new books.

"With our new rental option, we helped a record number of students save on the cost of course materials and have rented more than 1,500 textbooks," said Rebecca Boothby, bookstore manager of the TJC Bookstore.

The TJC bookstore sells books, supplies and almost all the materials college students

need for school and campus life.

According to topsite.com/best/textbooks.com, these are the top five websites when buying or renting textbooks on the Internet.

The number one web site when buying books from the Internet is Textbookrevolution.com. Number two, is chegg.com, which is number one in textbook rentals; its motto is "don't buy it, rent college textbooks from us and save a ton on books." Number three, Bigwords.com compares textbook prices at four stores whether students are buying or selling.

Number four, Bookfinder.com, is a book shopping search engine, plus a search of 12 directories of used, rare, and out of print booksellers, searches for new and used books.

Last is campusbooks.com; it compares new and used prices at US retailers and helps give a variety of ways in preparing to buy books and makes sure to get the least expensive price available.

TICKETS

continued from page 8

"I don't find it fair for them to tow our cars away when they (Campus Safety officers) know that we are crowded here and we are in need for a larger parking lot," sophomore Natalia Medina said.

Vega said she also did not know that campus security could tow your car away after the fourth ticket.

Students who have unpaid fines are forced to pay up before being allowed to enroll for

classes again. Students on financial aid will have the charges deducted from their financial aid before the available money is applied to tuition for the new semester.

All parking tickets and other fines also have to be paid before a student is allowed to graduate from TJC or complete the process of transferring to another college.

"You need to pay our fees because it (your obligation to pay) doesn't go away," Melton said.

INSPIRATION

continued from page 8

Maygen credited TJC with establishing her future and vision for quality education.

"Educationally, TJC is a wonderful place for someone to get their prerequisites, acquiring their basics," she said. "It was at TJC, after falling in love with the campus, I decided to graduate with three associates degrees."

Besides overcoming learning challenges, Maygen has also overcome physical challenges as a result of the cerebral palsy.

"Every time physical therapists told Maygen she would not be able to do something, she set out to prove them wrong," said her mother.

Today Maygen exercises to strengthen her muscles weakened by cerebral palsy.

"Maygen remains to this day incredibly physically fit," said Mrs. Stevens. "She swims,

rides a bike, works with a trainer and is so fit."

Those who know Maygen say she is an inspiration.

"Any and everyone who meets her knows how special she is," said Sue Willis, testing center manger at TJC. "She's definitely a remarkable woman."

Mrs Stevens said her daughter is phenomenal.

"Her need to want to help others is unbelievable and she has the biggest heart."

Maygen said that having to overcome obstacles has shaped her life for the better.

"I treasure each and every one of my experiences and I believe there's always a reason behind them."

Questions? Comments? Concerns?
Post a comment on tjcn newspaper.com.



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Fall 2010 Final Exam Schedule

| Classes Starting | Exam Date | Exam Time |
|--|-----------------------|----------------------|
| Saturday Classes- December 5 at regularly scheduled time and place | | |
| 7:00 a.m., MWF | Monday, December 6 | 7:00-8:50 a.m. |
| 9:00 a.m., MWF | Monday, December 6 | 9:00-10:50 a.m. |
| 11:00 a.m., MWF | Monday, December 6 | 11:00-12:50 p.m. |
| 1:00 p.m., MW & MWF | Monday, December 6 | 1:00-2:50 p.m. |
| 3:50 p.m., MW | Monday, December 6 | 3:00-4:50 p.m. |
| 8:25 a.m., TR | Tuesday, December 7 | 8:25-10:15 a.m. |
| 11:15 a.m., TR | Tuesday, December 7 | 11:15-1:05 p.m. |
| 2:05 & 2:25 p.m., TR | Tuesday, December 7 | 2:05-3:55 p.m. |
| 8:00 a.m., MWF | Wednesday, December 8 | 8:00-9:50 a.m. |
| 10:00 a.m., MWF | Wednesday, December 8 | 10:00-11:50 a.m. |
| 12:00 p.m., MWF | Wednesday, December 8 | 12:00 p.m.-1:50 p.m. |
| 2 p.m., MWF & 2:25 p.m., MW | Wednesday, December 8 | 2:00-3:50 p.m. |
| 7:00 a.m., TR | Thursday, December 9 | 7:00 a.m.-8:50 a.m. |
| 9:50 a.m., TR | Thursday, December 9 | 9:50 a.m.-11:40 p.m. |
| 12:40 & 1:00 p.m., TR | Thursday, December 9 | 12:40 p.m.-2:30 p.m. |
| 3:00 p.m., TR | Thursday, December 9 | 3:00 p.m.-4:50 p.m. |
| 3:30 & 3:50 p.m., TR | Thursday, December 9 | 3:30 p.m.-5:20 p.m. |

Evening Classes

| | | |
|------------------------------|-----------------------|----------------|
| 5:35 & 6:00 p.m., M & MW | Monday, December 6 | 5:35-7:25 p.m. |
| 7:00 p.m., M & MW | Monday, December 6 | 7:35-9:25 p.m. |
| 5:35 & 6:00 p.m., T & TR | Tuesday, December 7 | 5:35-7:25 p.m. |
| 7:00 p.m., T | Tuesday, December 7 | 7:35-9:25 p.m. |
| 7:00 p.m. & 8:25 p.m., TR | Tuesday, December 7 | 7:35-9:25 p.m. |
| 5:35 & 6:00 p.m., W | Wednesday, December 8 | 5:35-7:25 p.m. |
| 7:00 p.m., W & 8:25 p.m., MW | Wednesday, December 8 | 7:35-9:25 p.m. |
| 5:35 & 6:00 p.m., R | Thursday, December 9 | 5:35-7:25 p.m. |
| 7:00 p.m., R | Thursday, December 9 | 7:35-9:25 p.m. |

All examinations will be held at scheduled times and in regular classrooms unless the appropriate dean approves change.

Tutoring Labs and Times

Math (P104)

| | |
|------------|-----------------------|
| Monday: | 8:00 a.m. - 8:30 p.m. |
| Tuesday: | 8:00 a.m. - 7:30 p.m. |
| Wednesday: | 8:00 a.m. - 8:30 p.m. |
| Thursday: | 8:00 a.m. - 8:30 p.m. |
| Friday: | 8:00 a.m. - 2:00 p.m. |

Tutoring (RSC)

| | |
|------------|-----------------------|
| Monday: | 8:00 a.m. - 7:30 p.m. |
| Tuesday: | 8:00 a.m. - 7:30 p.m. |
| Wednesday: | 8:00 a.m. - 7:30 p.m. |
| Thursday: | 8:00 a.m. - 7:30 p.m. |
| Friday: | 8:00 a.m. - 5:00 p.m. |

Library Labs and Times

Library (ext. 2759)

| | |
|------------|------------------------|
| Monday: | 7:30 a.m. - 11:00 p.m. |
| Tuesday: | 7:30 a.m. - 11:00 p.m. |
| Wednesday: | 7:30 a.m. - 11:00 p.m. |
| Thursday: | 7:30 a.m. - 9:30 p.m. |
| Friday: | 8:00 a.m. - 5:00 p.m. |

Verc Computer Lab

| | |
|------------|------------------------|
| Monday: | 8:00 a.m. - 10:30 p.m. |
| Tuesday: | 8:00 a.m. - 10:30 p.m. |
| Wednesday: | 8:00 a.m. - 10:30 p.m. |
| Thursday: | 8:00 a.m. - 9:00 p.m. |
| Friday: | 8:30 a.m. - 4:30 p.m. |

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Father and son keep the bond on and off the court

By Chris Jones
Sports Editor

The Marquis family is well represented in the TJC men's basketball program.

Coach Mike Marquis joined the Apaches' coaching staff in 2001 after moving from Iowa where he coached at Marshalltown Community College in Marshalltown, Iowa from 1987-1998 and at Indian Hills Community College in Ottumwa, Iowa from 1999-2001.

"We moved from Ottumwa, Iowa and came to Texas in 2001 where I was hired to coach at TJC," Coach Marquis said. "When I was hired at TJC, Tim Drain was still the assistant athletic director before becoming the official athletic director."

His son, Mitch Marquis, however, started school at Whitehouse in the 5th grade after his family moved from Iowa. Upon entering high school he wasted no time in earning a spot on the varsity basketball team as a freshman.

Growing up, basketball was an instant hobby and love for Mitch. He started dribbling a basketball as soon as he could walk seeing as how his father put the ball in his hands at a very early age. His father would come home after work and shoot baskets with him.

"My dad never pushed me to play basketball even though he did introduce me to the game at an early age," Mitch said. "I started dribbling when I was 1 ½ to 2 years old and when my dad was the coach for Marshalltown Community College in Iowa, I would go shoot around in the gym at halftime during their games."

Recently, Mitch signed a letter of intent to play ball for the University of Texas at El Paso (UTEP) next season; a basketball town that has

a lot of history behind it.

"When I visited the campus, I just fell in love with the atmosphere and the coaching staff," Mitch said. "The movie Glory Road is tied to El Paso because it showcases the Texas Western National Championship team from 1966. They were called Texas Western back then before they changed the name of the school to what it is now and basketball in El Paso is what football is to the whole state of Texas," said Mitch.

Consequently, one issue in the relationship between coach and son was jealousy.

Players tried to see if Mitch would get treated differently from all the other players because he was the coach's son.

Coach Marquis believed that he was going to treat his son in a way that did not show favoritism.

"I had to push Mitch harder, especially on last year's team, because of some jealousy issues," Coach Marquis said. "I'm harder on him than the rest of the players but I'm trying to prepare him for upcoming challenges he will face in the game of basketball and every great player wants to be challenged. He is a good kid and great player."

Off the court, basketball isn't discussed much between Mitch and his father, Coach Marquis.

They have a special bond between father and son that is not limited to coach and player. They also have to focus on when they are not preparing for an upcoming game.

"When we are on the court, he's my coach and when we are off of the court, he's my dad," Mitch said. "We don't let basketball carry over to anything else. We only talk about basketball off the court when we are watching a college or NBA game and we watch basketball together



Photo by Chris Jones

FATHER AND SON: Coach Mike Marquis (left) stands with his son Mitch Marquis (right). Mike has been a coach for the TJC basketball team since 2001 and played basketball with his son Mitch whenever he would get home from work.

pretty often."

At first, Mitch didn't plan on attending TJC after finishing high school at Whitehouse because he had several Division I offers.

Mitch originally chose to go to Centenary College, a Division I school, but the next year they dropped to a Division III school which led to Mitch's decision to sign with TJC and join his father.

"We never planned on him playing for TJC because he was being looked at by other schools," Coach Marquis said. "When he came to TJC, it was such a proud moment as a father to be able to coach your son and be so close to him. I enjoy seeing him have success and I know he will go to UTEP and continue having that success."

A New Kind Of Memorial

Historic coach's office transformed into museum

Bridget Richardson
Staff writer

Walking into his old office and seeing the countless old, tarnished trophies lined up against the walls speaks volumes for the first national championship basketball coach of TJC.

"He loved all sports because he loved competition," said Coach Floyd Wagstaff's youngest daughter, Peggy Smith.

Coach Wagstaff came to TJC in 1946 with a goal in mind. He wanted to create not only the best college athletic program among junior colleges, but wanted to have the championship titles as well.

'Wag,' as he was known, was the start of the athletic program.

"I feel pretty confident in saying without Wag we would not have such a fine athletic program," said TJC Athletic Director Tim Drain.

He began to build up both the basketball and football programs that would soon become nationally recognized. Coach Wag searched all over the nation for the best players.

"He liked players and people that have heart, worked hard and could be the best they could be in whatever it was," said Smith, who is also on the TJC Board of Trustees.

Wag became more than a coach. He took care of his players and wanted to raise them to be good adults and citizens. Many of his players saw him as a father figure and looked to him for advice.

"People enjoyed his company. They liked hearing what he had to say and he always had something to say," said Staff Coordinator Angela Clemons who worked in the office while Wag was the athletic director.

As a coach, he was passionate about the game.

"I remember Jack Smith telling the story that they were playing a game in Houston. Back then you could get bunches of technical fouls - you didn't get thrown out after two. He was mad about something and he went out on the floor, which is against the rules and the referee told him you're going to get a technical foul for every step you take back to the bench. So he thought about it and stood there for a minute and then called two guys over to get him and they carried him off the floor so he didn't get a technical foul," said Clemons.

After suffering a major heart attack on the TJC campus in 1975, Wagstaff stopped coaching and became the athletic director.

"He would come to all of our games and sit on the north end of the court and he would have his office chair and pull up to the railing and prop his feet up on the rail. He would have that little area roped off and you couldn't just go sit with Wag. You had to be invited into that inner sanctum," said Clemons.

While at TJC, Wagstaff won 743 and only lost 225 basketball games between the years of 1946-1975. His basketball teams won 10 conference championships. They also visited the national championship tournament for 11 seasons and took home two national championships in 1949 and 1951.

His football teams won 130 and lost 36 games between the years of 1947-1963.

Coach Wag also won many awards in his day. He was named Coach of the Year three times by Texas Sportswriters. He has also been inducted into four Texas Athletic Halls of Fame.

Among other awards, the National Junior College Athletic Association ranked him number one among inactive coaches.

Wagstaff left his legacy and his three daughters behind when he passed away on Feb. 5, 2000.

His three daughters, Becky, Betsy and Peggy, all came to TJC to start their college careers and were also Apache Belles.

"He (Coach Wagstaff) stepped down as adviser to the president when she (Peggy) got on the board of trustees...He was very proud that she got to do that," said Alumni Director Betty Briggs.

TJC has renovated Wagstaff Gym and is in the process of turning Wagstaff's old office into a museum to honor all of his achievements by showing everyone who walks into the Wagstaff Gym who he was.

"Wagstaff Gym is like the front porch of TJC - so many people come to the gym for tournaments and graduations. We are hoping that by showing them TJC's athletic program's accomplishments here, they will want to see the backyard as well," said Drain.

"Basketball is a very simple game. The first thing you've got to do is get the ball. Then you've got to put it in the hole on the other end of the floor. That's called good ol' country basketball and that's what I like to play," Coach Wagstaff.

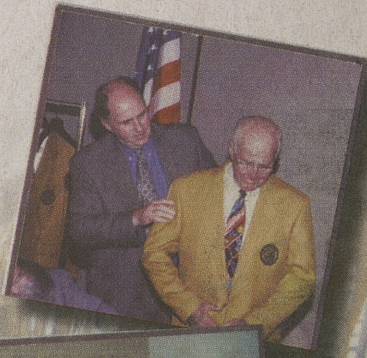
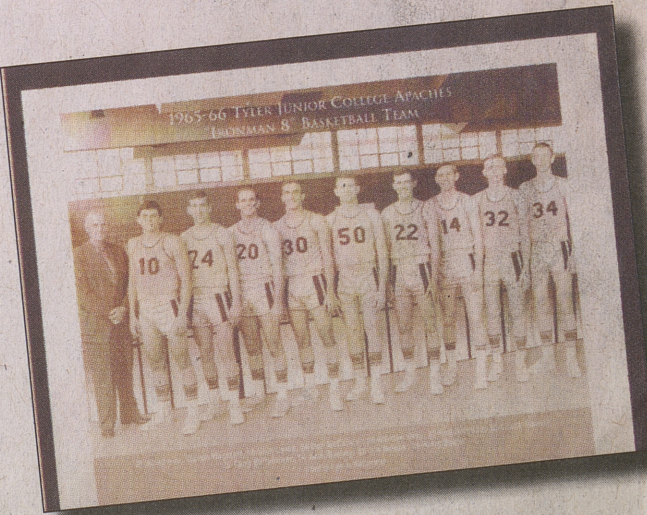


Photo by Bridget Richardson

TROPHY ROOM: Coach Floyd Wagstaff's former office has been converted to a trophy room to showcase the trophies he won throughout his years as an athletic coach.

| W | L | W | L | W | L | W | L | W | L | W | L |
|--------------|----|----|----|----|----|----|----|----|----|----|----|
| 20 | 00 | 17 | 01 | 03 | 05 | 17 | 22 | 08 | 01 | 07 | 02 |
| | | | | | | | | | | | |
| As of Dec. 1 | | | | | | | | | | | |



Continuing a winning tradition



Photos by Jarah Wright

DEFENDING AND CELEBRATING: Top: Shaun Herselman performs a routine header to pass the ball to his teammate. Above: Brenton Griffiths looks for an open teammate to pass the ball to. Right: Members of the TJC basketball team lift soccer player Jack Bennett into the air as they celebrate the soccer team winning another championship.



Photo by Casey Stewart

PLANNING STRATEGIES: Above: The Apaches meet for a team huddle before the opening kickoff against Iowa Western Community College.



Photos by Jarah Wright

CONCENTRATING: Left: Goalie Andre Grandt focuses on the action downfield. Above: Byron Peters smiles as he celebrates with his teammates after winning the National Championship.



Photos by Jarah Wright and Casey Stewart



SPRINGING INTO ACTION: Far left: Hamza El Otmani fights off a player from Cincinnati State for possession of the ball. Top left: Kyle Nicholls slides to protect the ball during the championship game. Top right: Kelsie Weeks passes the ball in hopes of scoring a goal. Right: Ciara Slayton takes the ball downfield.

TJC MEN'S SOCCER 2010

Head Coach: Steve Clements
Assistant Coach: Chris Handy
Assistant Coach: Derek Talcott

| | |
|---------------------|-------------------------------|
| 00 Carl Blundell | York, England |
| 0 Nick Punter | Ipswich, England |
| 1 Andre Grandt | Wolfsburg, Germany |
| 2 Byron Peters | Capetown, South Africa |
| 3 Shaun Herselman | Johannesburg, South Africa |
| 4 Johan Sanchez | Jarabacoa, Dominican Republic |
| 5 Joe Setchell | Kings Lynn, England |
| 6 Tom McCarthy | Kings Lynn, England |
| 7 Frank Doumbe | Silver Spring, Maryland |
| 8 Brenton Griffiths | Jamaica |
| 9 Rafael Amaya | Denver, Colorado |
| 10 Kyle Nicholls | Kings Lynn, England |
| 11 Jack Bennett | London, England |
| 12 Kejoun Benjamin | Orlando, Florida |
| 13 Juan Torres | Monroe, Louisiana |
| 14 Dom Dwyer | London, England |
| 15 Kyle Jacobs | Pontypridd, Wales |
| 16 Ross De Wet | Johannesburg, South Africa |
| 17 Hamza El Otmani | St. Petersburg, Florida |
| 18 Robin Brown | Edinburgh, Scotland |
| 19 Samuel Hosseini | Cologne, Germany |
| 20 Iko De Oliveira | Miami, Florida |
| 21 Sammy Deing | Grenoble, France |
| 22 Anis Abdulgasem | Denver, Colorado |
| 23 Martin Seiler | Stuttgart, Germany |

Men's Overall Record

20-0-1

National Champions



Women's Overall Record

17-1

National Runner-up

TJC WOMEN'S SOCCER 2010

Head Coach: Corey Rose
Assistant Coach: Rachael Neese
Assistant Coach: Kristin Parson

| | |
|-----------------------|-------------------------|
| 0 Beatrice Soto | Houston, Texas |
| 1 Ashley Aparicio | Tyler, Texas |
| 2 Ciara Slayton | Denver, Colorado |
| 3 Karly Baker | Van Alstyn, Texas |
| 4 Danielle Connolly | Ayrshire, Scotland |
| 5 Chloe Burch | Kings Lynn, England |
| 6 Stacey Paul | Cork, Ireland |
| 7 Katie Miller | Mineola, Texas |
| 8 Brittany Wispell | Frisco, Texas |
| 9 April Goodman | Plano, Texas |
| 10 Jordan Sickman | McKinney, Texas |
| 11 Laura Thompson | Cork, Ireland |
| 12 Christa Robinson | Lufkin, Texas |
| 13 Hillary Snedeker | Portland, Texas |
| 14 Bianca Norman | Las Vegas, Nevada |
| 15 Jesse Velasquez | Mesquite, Texas |
| 16 Adrienne Wheatley | Cork, Ireland |
| 17 Lesley Lerma | Lufkin, Texas |
| 18 Natalie Dufner | Jasper, Texas |
| 19 Carina Garcia | Athens, Texas |
| 20 Kelsie Weeks | Longview, Texas |
| 21 Mhairi McKellar | Campbelltown, Scotland |
| 22 Lauren Pena | Mesquite, Texas |
| 23 Elizabeth Thompson | Nacogdoches, Texas |
| 28 Lauren Emmerson | Kilwinning, Scotland |
| 32 Claudia Saucedo | St. Petersburg, Florida |
| 34 Taryn Purdow | England |
| 55 April Syme | Mississauga, Canada |
| 91 Carly Page | Tyler, Texas |
| 99 Hideka Shikata | Osaka, Japan |



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~Monica, Class of 2014

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Top Ten Resolutions

Quick Quotes

What is your New Year's Resolution?

“ Move back to California. ”



Sam Harris
Sophomore

10) Volunteer to Help Others

9) Take a Trip

8) Reduce Stress Overall

7) Drink Less Alcohol

6) Get a Better Education

5) Get a Better Job

4) Quit Smoking

3) Find My Soul Mate

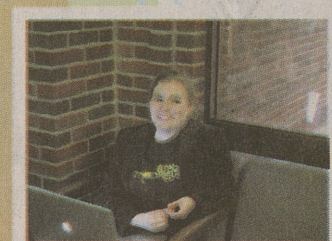
2) Manage Debt

1) Lose Weight/Get in Shape



Matt Kraft
Sophomore

“ Stop smoking. ”

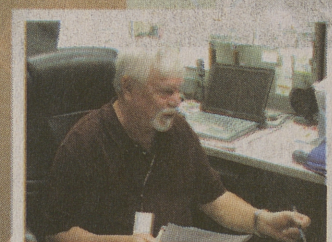


Kelsey Wilson
Sophomore

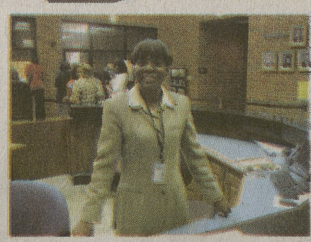


Daniel Peek
Librarian

“ Be an instructor that reaches students. ”

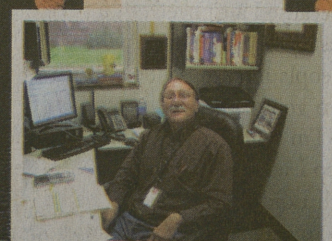


Ken Luke
History Professor



Shellia Holmes
Faculty

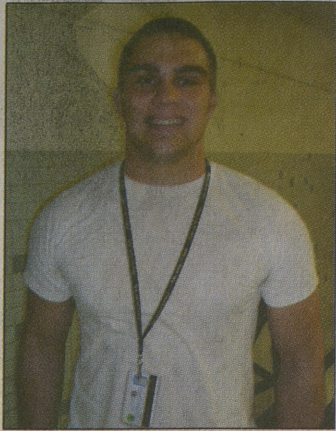
“ To get in better health. ”



Floyd Starness
Math Professor

2011

Holidays Around the World



Braeden Ami Holme

Hanukkah
December 2-9

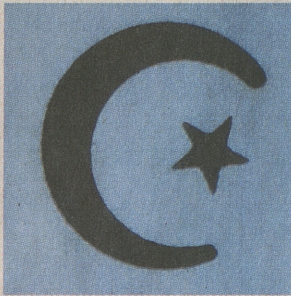
Also known as the festival of lights, Hanukkah is a Jewish holiday which celebrates the rededication of the Holy Temple in Jerusalem. Many families exchange gifts each night and have a special dinner with fried food. Every night they light a candle on the menorah, a nine candle candelabra, and every candle has a special significance.



Ya-Fatou Njai

Hijra
December 7

Hijra is the celebration of the New Year in the Islamic calendar. Family and friends gather together in the mosque during the morning to pray. For Islamic countries, Hijra is a national holiday. Schools and businesses are closed for the celebration. Following the prayer the family has breakfast and after that friends share holiday cards and gifts.



Ungi Kim

Bodhi Day
December 8

This is the commemoration of the day Shakyamuni experienced enlightenment. Buddhist services and traditions are held in commemoration of Buddha's achievement of what they call Nirvana. They celebrate by meditating, studying the Dharma and performing kind acts to others. Some others celebrate with readings and a meal of tea and cake.



Natalia Medina

Posadas
December 16

In Mexico, Christmas starts at the beginning of December with Posadas navidenas. This tradition relives events leading up to the birth of Jesus. The street is the theatre for this musical where events are re-enacted. After the performance every house in the street invites people to have food. This event happens every night in different neighborhoods of the town from Dec. 16 until Dec. 24.



Vincent Sorrensén

Christmas
December 24-25

Christmas is a holiday which celebrates the nativity of Jesus. In some countries, Christmas is celebrated on Dec. 24, like in Bolivia. At midnight they eat 12 grapes representing blessings for every month of the year. In the U.S., Christmas is celebrated the morning of Dec. 25. Popular customs include decorated trees, gift giving, church celebrations and Santa Claus.



Pop Show



Photo by Jarah Wright

DANCING THE NIGHT AWAY: Montrael Sanders and Natalie Tamborello dance to 'Sting Sensations' by the TJC Jazz Band during Pop Show 2010.

FLU

continued from page 1

"In class I told students to stay home if they even think they were sick. There was no use in not being too careful," said Dr. Michael Mast, professor at TJC. "People were dying from it (H1N1). You never know. You just never know."

Dr. Mast recalled speaking to other professors who gave the same advice and the campus saw a drop in attendance over the semester. Students were becoming wary of symptoms presented as the flu and chose to stay home just in case.

With the media highlighting just how deadly the virus could become, students were ready at the drop of a hat to make runs to the clinic and jump back into bed.

"It was a big deal, don't get me wrong," said Escobedo, "but all the attention it got was a bit much. You know how things get blown up on TV."

But compared to last year's serious outbreak, where over 80 students were infected on TJC's campus, this year has been fairly calm. Dr. Eijnsink believes it's due to the fear of another outbreak.

"We have had more people come in for flu shots, which is surprising since they usually aren't that popular among students," said Eijnsink.

Whitney Williamson, a sophomore at TJC when the outbreak spread, recalls her experience

with the virus.

"The worst part is the headache, chills and always feeling tired," Williamson said. "It was nothing fun, believe me."

Prevention is the first step. Flu shots for not only the Influenza strains A and B, but also for the H1N1 and H2N2 virus, are available in the on-campus clinic free to students with valid student ID. Dr. Eijnsink also recommends other steps in prevention.

"Use good hygiene. Wash your hands. Don't cough on others. Don't share utensils, food, or drinks," Eijnsink said.

Although outbreaks can occur at any time, WHO announced that the H1N1 strain is now in the post-pandemic stage in September. It will no longer be posted as a serious immediate threat on their site although they will still monitor activity on a two-week basis. This doesn't imply that contracting the virus is not potentially deadly; if you present symptoms, see a physician immediately.

But for now, students and faculty should prepare for a "more normal flu season" this year, WHO states on their site.

The campus clinic is located on the second floor of the Roger Student Center and is staffed from 8 a.m. to 5 p.m. on weekdays.

MAMA

continued from page 1

Which is why I don't agree with the term 'Baby Mama.' When I hear that term, I feel like they are talking about a woman who has nothing going for herself. I'm a mother, a friend, a lover, a hard worker. I'm more than just a baby mama."

While some women may feel that the term 'Baby Mama' is an attack on their character as a mother, others may see the term as just a phrase that doesn't interfere with what type of mother they are, such as 20-year-old Lindsey Sanders, a TJC nursing major.

"First thing that comes to mind when I hear 'Baby Mama' is ghetto," said Sanders. "I don't mind it because everyone calls me that and it's really just slang for a woman who has a child. I live in a small town so I'm sure people cast judgment and give me funny looks. I can't even go to a club without someone saying 'Oh where's her baby at? She ain't taking care of her baby.' Those people don't know that when I do get the chance to go out, it's probably because I ain't been out in months. My friends without kids can just get up and go; I can't do that. People have no idea. To most people my age, school is their number one thing, they can say 'I'm going to go home and write my paper,' while I'm like 'Okay I'm going to go home and tend to Bella and when she is asleep I will write my paper.' Most people I know my age are like 'Oh I didn't go to class, I had a hangover.' I'm like, 'Oh I didn't go to class because Bella was up sick all night.' I have to put so much aside, was damned hard just for this interview," said Sanders.

The clanging sound of dishes being cleaned rang from Sanders' kitchen. The house was rather quiet because Sanders' father took Bella for a while, which didn't mean Sanders got a break. After the dishes were cleaned, Sanders went back to her homework.

"I cried for the first six months when I found out I was pregnant, didn't know how in the hell I was going to do it. Never once thought about abortion though. I'm the one that laid up and got pregnant. It's not her fault, why take her life," said Sanders. "Of course I wish I could have waited until I finished school and was married. No regrets though. Her father and grandparents are very helpful and supportive, thank God. I get up at 5

a.m., get Bella dressed, her things together, get myself dressed, take Bella to the babysitter and be in Tyler for class by 8 a.m. I don't give up because it's not about me anymore," Sanders said, then paused and smiled. "It's about Bella. I want Bella to be dedicated and be in organizations, more than sports. I took all of that as a joke in high school I have to be the example for her now. When I look at Bella I see perfection. She's mine and nobody could ever take her away from me. She'll always love me and I'll always love her. Nobody better not hurt my baby girl. She's perfect."

The stress load of being a mother in college may sometimes seem as if there is only darkness and no light at the end of the tunnel. Forty-seven-year-old TJC graduate Latrice Baker expresses her feelings toward the term "Baby Mama" and is living proof that a woman can succeed while being a mother in college.

"To me, when they say baby mama stuff, they voice this more toward one group of women, which is black women. The term is basically saying that all black women are good for laying on our backs and being ignorant," said Baker. "I had my first son at a young age and I was single and I guess that's what I would have been called. Being a mother in college is more difficult than most people even care to know. I did it all. I worked full time, went to school full time and most of all was a mother full time. I eventually graduated from TJC with an associates in Human Services and moved on to UTA to obtain my bachelors. My kids were older when I decided to go back to school which helped out a lot," said Baker. "I feel for young mothers who have young infants and trying to go to school I know a lot of them feel like giving up. I pray that they tough it out and look beyond today. I always tell young people to look at yourself and ask what kind of future you want to provide for you and your child. I hope that these young women with children are an example to young women in college without children. I hope the example shows that it is best to wait until you are done with college to have children, so while in college you can focus on your goals, your dreams and yourself."



Photo by April Miller

MOMMY AND ME: Jasmine Allen walks with her daughter Aaliyah around the Brundrett Garden next to the Wise Cultural Arts building.

A VIBRANT

Photos by Haley Smith



Photo by Kisha White

PERFORMING DURING HOMECOMING: Left: Taylor Gamblin performs with his partner Terri Klauser (below) as they sing "The Phantom of the Opera" together. Right: Hunter Minihan performs during Campus Capers.

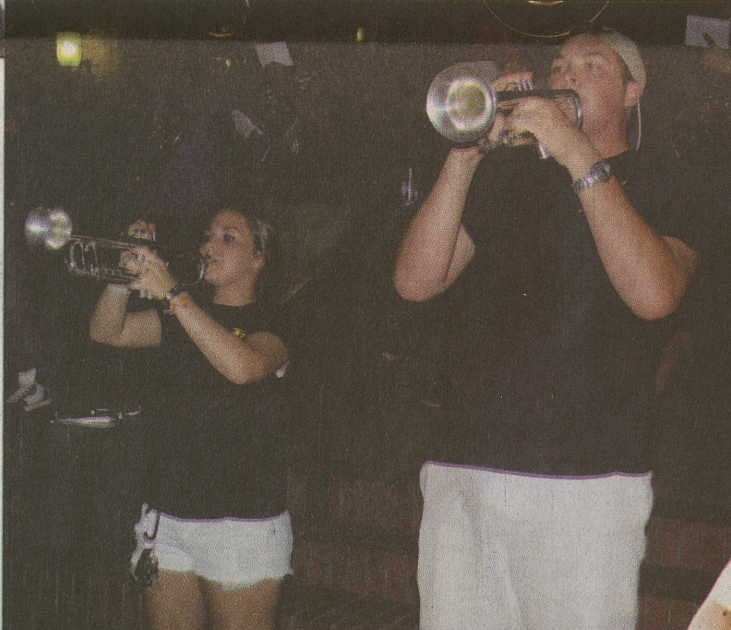
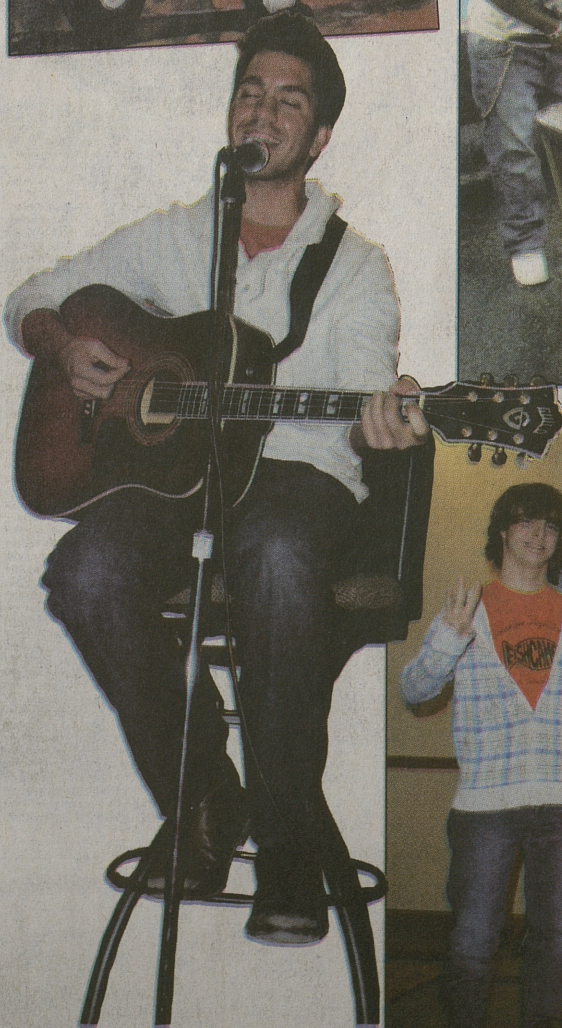


STRIKING A POSE: Below: Players from the TJC baseball team pose for the camera at the walkway in front of Potter Hall.



Photos by Haley Smith, Jeff Wright and Jarah Wright

GETTING INVOLVED: Right: Hannah Brookshire and Jordan Delk play with other members of the band during the midnight pep rally. Bottom right: TJC students unwind by shooting some pool. Bottom left: A piece of student artwork hangs in Jenkins Hall.



Photos by Haley Smith

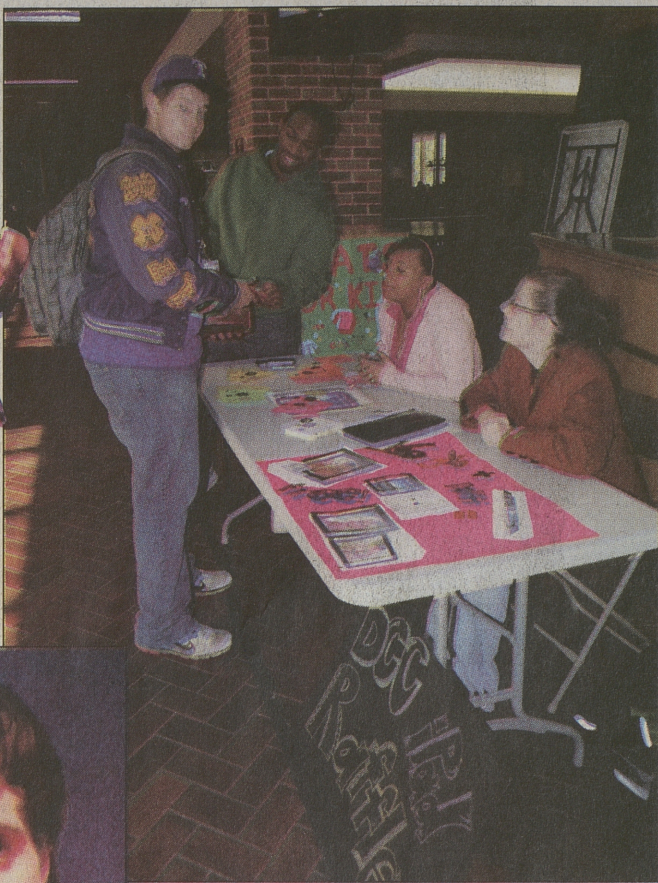
KEEPING A BEAT: Above: Freshman Vice President Caylee Stamps (left) and Freshman President Brianne Palmer (right) of Student Senate keep the drum beat alive during homecoming. Far left: Musician Andy Grammer performs in the Ornelas Gold Room on Nov. 4. Left: The Interfaith Club takes a picture with Andy Grammer.



STUDENT LIFE



Photos by Kisha White and Jarah Wright



Photos by Kisha White, Jarah Wright and Logan Thompson

LIFE AT TJC: Above: Casey Helfenbein buys a raffle ticket from the Deaf Connection Club in the hope of winning an iPad. Left: Jessilyn Taylor and Logan Hicks sing 'Son of a Preacher Man' during Pop Show 2010. Below: 'Southern Hospitality' playwrights, from left to right, Jamie Wooten, Nicholas Hope and Jamie Jones visited TJC to talk with students about their play.



Photos by Logan Thompson and Haley Smith

SHOWING OFF SKILLS: Above: One TJC student spends time playing hackey sack. Right: Ashley Turner, on left, and Tarah Jones, on right, smile during the Homecoming Game. Below: Joel Horn breaks it down during his routine for Campus Capers.

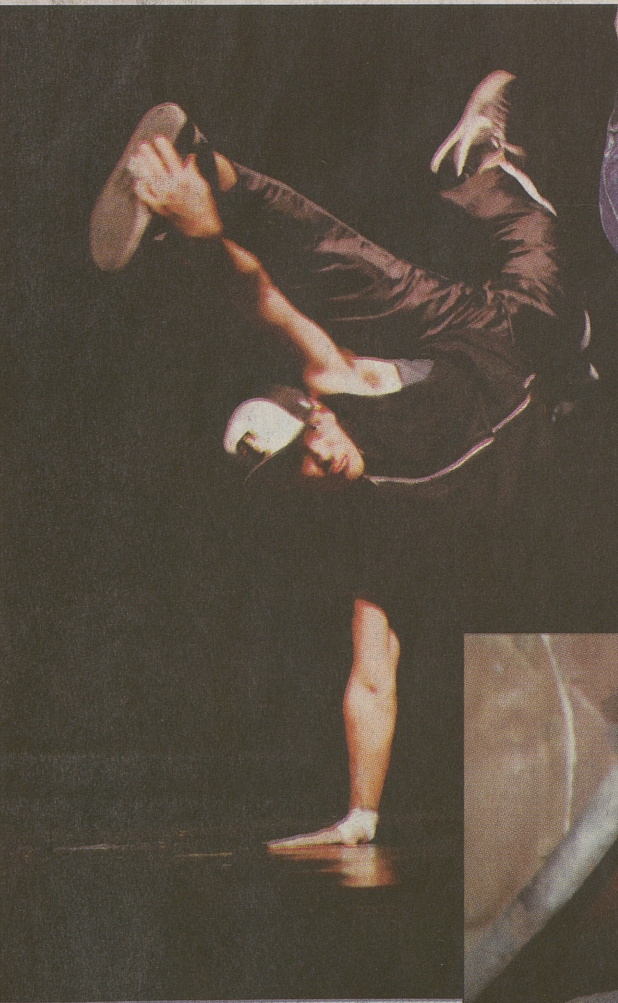


Photo by Jarah Wright

IMITATING THE PAST: Above: Ryley Tharp brought out his inner ZZ Top when he sang 'Sharp Dressed Man' during Pop Show 2010.




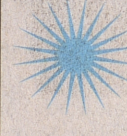








Photos by Jeff Wright, Haley Smith and Chantel Martin

WORKING AND PLAYING: Left: Tyler Corley practices for an audition on his French Horn. Above: Bryan Ramirez works on putting in a drive shaft during his automotive technology class. Right: TJC students test out a ping pong table that automatically shoots out ping pong balls during the Activities Fair.



Holiday safety tips....

-  Plug all outdoor electric decorations into circuits with ground fault circuit interrupters to avoid potential shock.
-  Always thaw meat in the refrigerator, never on the counter top.
-  When purchasing an artificial tree, look for the label "fire resistant."
-  Cut a few inches off the trunk of your tree to expose fresh wood. This allows for better water absorption and will help to keep your tree from drying out and becoming a fire hazard.
-  Never use electric lights on a metallic tree.
-  Before using lights for the outdoors, check the labels for "outdoor use."
-  Check all tree lights before you hang them. Look for frayed wires, broken sockets or loose connections.
-  Turn off all lights before you go to bed or when you leave. Lights could short out and start a fire.
-  Keep a list of numbers posted in your home for babysitters or young teens who will be staying at home.
-  Bacteria are often present in raw foods. Make sure to fully cook meats and poultry.

aap.org

“

Shout out to my friends on the football team! Maurice Hood, Jamal Mitchell and C.J. Johnson!

-Key Oliver

”

“

Shout out to everyone who believed in me. I thank the Lord for bringing me this far. To my besties Dee Burton, Jessica Williams and Alana Coleman!

-Jamisha Daniels

”



Eggnog Recipe

Ingredients

- 2 eggs, beaten
- 3 tbsp sugar
- 2 1/2 cups low-fat milk
- 1 tsp vanilla extract
- 1 dash ground nutmeg

Instructions

Blend together eggs, sugar, milk, vanilla and nutmeg. Serve chilled.

Hot Apple Cider Recipe

1) Pour the apple cider and maple syrup into a large stainless steel saucepan.

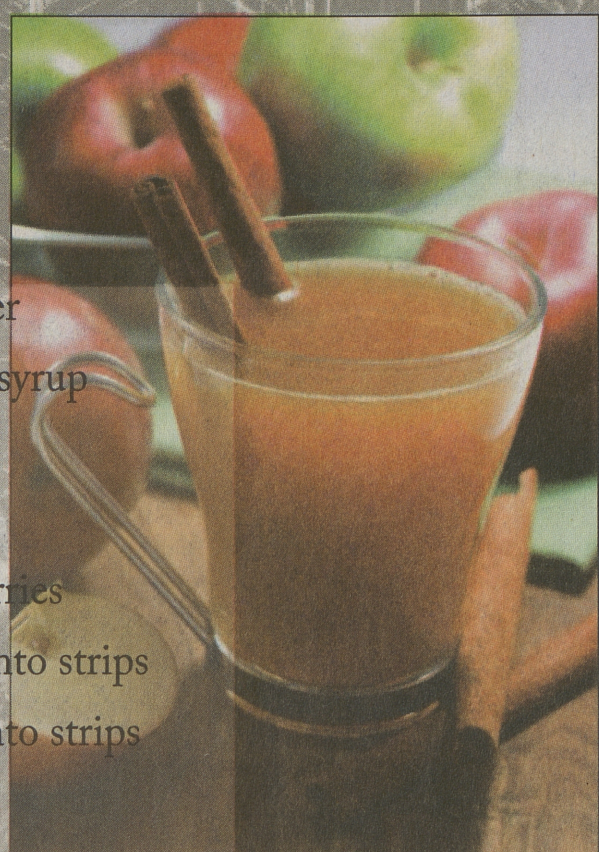
2) Place the cinnamon sticks, cloves, allspice berries, orange peel and lemon peel in the center of a washed square of cheesecloth; fold up the sides of the cheesecloth to enclose the bundle, then tie it up with a length of kitchen string. Drop the spice bundle into the cider mixture.

3) Place the saucepan over moderate heat for 5 to 10 minutes. Cider should be hot but not boiling.

4) Remove the cider from the heat. Discard the spice bundle. Serve.

Ingredients

- 6 cups of apple cider
- 1/4 cup real maple syrup
- 2 cinnamon sticks
- 6 whole cloves
- 6 whole allspice berries
- 1 orange peel, cut into strips
- 1 lemon peel, cut into strips



Gingerbread Cookies Recipe

Instructions

1) Sift together the flour, baking powder, ginger, nutmeg, cloves and cinnamon; set aside.

2) In a medium bowl, mix together the shortening, molasses, brown sugar, water, egg and vanilla extract. Smooth.

3) Gradually stir in the dry ingredients until they are completely absorbed.

4) Divide dough into 3 pieces; pat down to 1 1/2 inch thickness. Wrap in plastic wrap and refrigerate for at least 3 hours. Preheat oven to 350 degrees.

5) On a lightly floured surface, roll the dough out to 1/4 inch thickness. Cut into desired shapes using cookie cutters. Place cookies 1 in apart onto an un-greased cookie sheet.

6) Bake for 10-12 minutes in the preheated oven. When the cookies are done, they will look dry but will still be soft to the touch.

7) Remove cookies from the baking sheet to cool on wire racks. When cool, the cookies can be frosted with the icing of your choice.

Ingredients

- 6 cups all purpose flour
- 1 tbsp baking powder
- 1 tbsp ground ginger
- 1 tsp ground nutmeg
- 1 tsp ground cloves
- 1 tsp ground cinnamon
- 1 cup of shortening, melted and cooled slightly
- 1 cup molasses
- 1 cup packed brown sugar
- 1/2 cup of water
- 1 egg
- 1 tsp of vanilla extract

“

I want to give a shout out to my boyfriend, Travis Keith Guillory. I love you baby! MUUWAAH!

-Ciara Mason

“

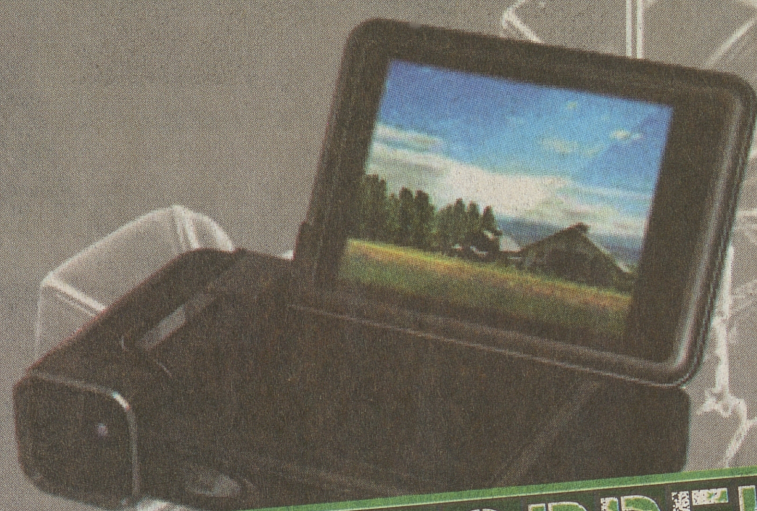
Shout out to my fam and my homegirl! It's her last year!

-Taja Summers

”

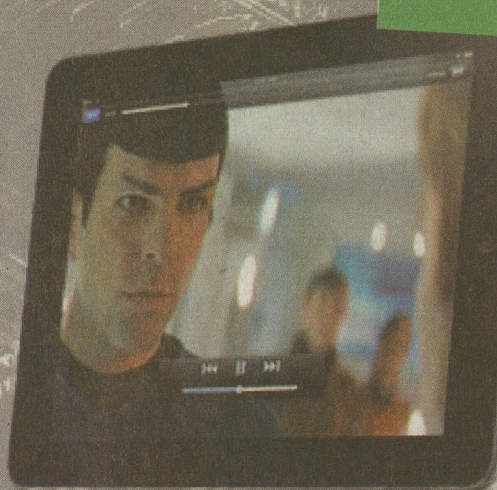
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Wish List for boys....

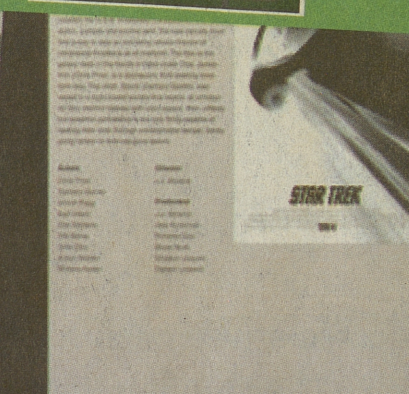


CAMCORDER

COST: \$70-\$719
AVAILABLE AT: Circuit City.com



IPAD



COST: \$499
AVAILABLE AT: Apple.com



SHOES

COST: various
AVAILABLE AT: department stores, online



GIFT CARD

COST: various
AVAILABLE AT: company stores, Walmart, Target, Walgreens

GAME CONSOLES



COST: \$299 (PS3) \$199 (XBOX 360)
AVAILABLE AT: Walmart, Target, Gamestop



MIXER

COST: \$199
AVAILABLE AT: Best Buy

“

Congratulations to the soccer guys. I admire you winning on home court. As for the girls, keep your head up!
-Chelsea Palmer

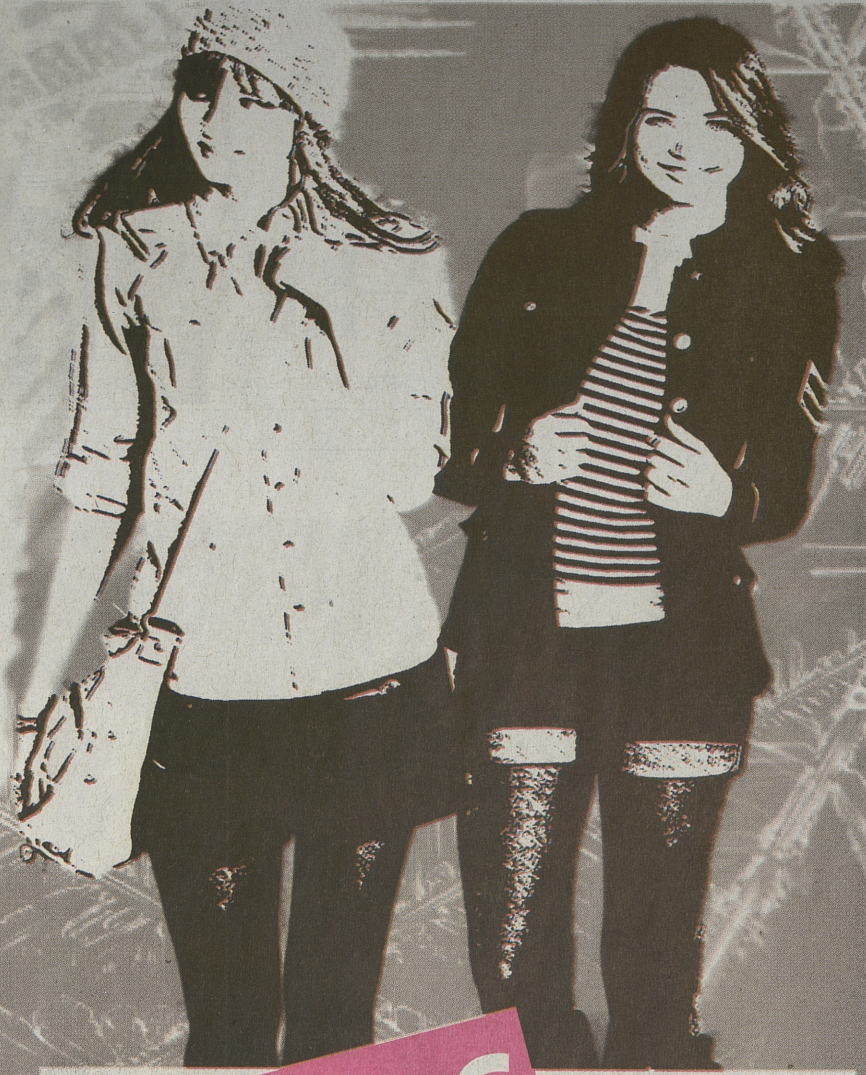
”

“

I want to give a shout out to my friend Clayton and to my mommy and my brother Sam!
-Ruth Romer

”

Wish List for girls....



PERFUME

JLO Miami Glow
Walmart.com, \$25



Liz Claiborne Curve Crush
Walmart.com, \$30



Victoria's Secret Bombshell
Victoria's Secret, \$45

GIFT CARDS



SHOES



BCBGeneration "Tinas" Pump
Dillards, \$89



Kenneth Cole Reaction "Glass Slipper Flat"
Dillards, \$79

Women's Roxy Piccolo Skate Shoe
Journeys, \$44.99

TOYS



Apple iPhone 4, 16GB
Best Buy, \$199.99

Nook
Barnes & Noble, \$149

Canon Powershot Digital Camera
Best Buy, \$159.99

PURSES



Metal Mulisha Crush Black Purse
Zumez, \$41.95

Lisa David Quilted Jeweled Clutch
Walmart.com,

AE Envelope Bag
American Eagle, \$39.50

“ Shout out to Irving! Congratulations! You're graduating and I'm going to miss you!
-Juleimy D. Prieto and Nelly Prieto

“ I want to give a shout out to the TJC theater student body and the amazing faculty and staff.
-Clayton Cagle

Wish list for girls
The items that should make it onto every girls' Christmas list are displayed.

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Media Preview

Upcoming movies, shows, music and games are reviewed.

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The APACHE POW WOW

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Tyler, Texas

FRIDAY, DECEMBER 3, 2010 VOL. 76 NO. 6



Out of the Red and into the Black

Sale 75% Today 50% Must-Have

The busiest shopping day of the year provides savings

By Chantel Martin
Editor In Chief

It is 4:30 a.m. and shoppers are crowded outside of Broadway Square Mall on Nov. 26; Black Friday. People stand bundled in their winter coats. An unexpected cold front occurred the night before and continued throughout the early hours of the morning. Children tugged on their mother's coats, asking when they could go inside. Husbands looked annoyed as they held on to their wives' handbags and coffee. Shoppers are too annoyed to answer any questions or even smile. Perhaps the constant cutting in line made them irritated. Security was on standby, ensuring there were no riots. Until finally, after the minutes seemed like hours, the doors opened.

"Black Friday is known as the busiest shopping day of the year," Director of Marketing & Business Development at Broadway Square Mall Aaron Yust said. "This day also marks the beginning of the busy shopping season. The term Black Friday has been applied to the day after Thanksgiving in which retailers make enough sales to put themselves 'into the black.'"

"Black ink" or "being in the black" often refers to retailers making a profit. In the past, businesses would

often write all of their losses in red ink and everything else in standard black. Yust said he expects heavy shopping throughout the holiday season.

"To avoid the onslaught of shoppers, pick your shopping time wisely," he said. "The best time to shop is on midweek mornings at 11 a.m. Peak shopping occurs on Saturday afternoons."

Broadway Square Mall was scheduled to open at 5 a.m. with select retailers opening at midnight. Toys R Us opened the night before and Walmart continued its 24-hr services with an electronic sale at 5 a.m. And after a trampling fatality in a Walmart last year on Black Friday, Yust said the mall will be taking safety precautions.

"No matter what the occasion, we always do our best to ensure a safe shopping environment for our visitors, employees and retailers," he said. "We work closely with local law enforcement and also retain security personnel at the mall. We also provide customers with security escorts to their vehicles upon request."

Yust was able to provide a list of shopping and safety advice for people who plan on shopping throughout the season.

"Be sure to have all forms of payment, credit cards, gift cards, cash and ID," he said. "Dress in layers so that you

can easily adjust your clothing from the climate outside and inside. Wear a handbag with a strap that you can put across your body and keep in front of you. Ask cashiers about their return policies and to never to put your receipt in the bag; always keep receipt in a safe and designated area in your purse, wallet or handbag."

Yust said that shopping ahead could also guarantee an effective visit to the mall and other retailers.

"Create a thorough list of what you intend to buy before you arrive at the mall," he said. "If you are fairly certain what you intend to buy or have done advance browsing online, take the time to call stores from home and have particular items put on hold. When you arrive at the store, your items will be at the checkout counter and ready for purchase."

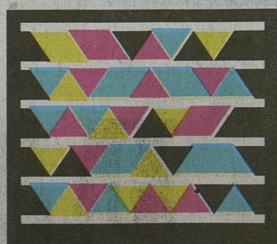
In order to provide shoppers with an area to take a break, the mall will be providing a Rejuvenation Station where shoppers can relax in comfortable chairs, have a cup of coffee or watch classic holiday programming on a big-screen television. There is also a new Simon iPhone application that gives consumers on-the-go access to retailer holiday promotions and schedules of all the holiday entertainment at the mall. Customers can also join the Simon Mobile Shopper Club and receive text messages about great savings at the mall.

Check Out...
OUR



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NEW FEATURE: Get free mobile application at <http://getatag.mobile.com>

Police Academy

Learn how police officers train in TJC's Police Academy. Watch the video at www.tjcnewspaper.com



WEB EXCLUSIVE:

World War II veteran tells his story and personal struggles since the war.

Watch the video at www.tjcnewspaper.com

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